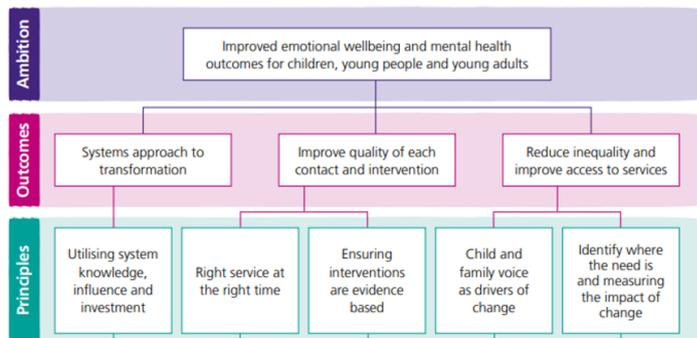


Children and Young People’s Mental Health future services:

The NHS Long Term Plan sets out the priorities for expanding children and young people’s mental health services. It aims to widen access to services closer to home, reduce unnecessary delays and deliver specialist mental healthcare, which is based on a clearer understanding of young people’s needs and provided in ways that work better for them.

To deliver these priorities, Kent and Medway has a [local transformation plan](#) in place. It sets out how services will be improved and is refreshed annually.

CYP MH Strategic Framework



The published [CYP MH LTP](#) articulates how NHS Kent and Medway, and partners will meet the NHS Long Term Plan ambitions for children and young people’s mental health.

NHS Long Term Plan Targets:

- Increasing access to services
- Delivering mental health support in schools
- Developing a 0-25 offer
- Crisis pathway 24/7 response and community support
- Address complexity through partnerships

K&M CYP MH LTP priorities:

- Improving quality and outcomes
- Taking a system approach to transformation
- Reducing inequalities
- Implementing iTHRIVE
- Identifying and supporting those at greatest risk
- Improving transition

All children and young people’s mental health contracts with current providers of services are due to expire by the end of August 2025 (excluding All Age Eating Disorders). New contracts will be developed that deliver modernised services that can better meet the needs of the population, enable the implementation of our transformation and deliver services that meet the needs of children and young people and ICS priorities, now and up to the next 10 years.

KMICB are taking the opportunity presented by the procurement process and ensure that new contracts will deliver evidence-based best practice care. We want our services to be targeted at the right time so they can help prevent children and young people becoming seriously unwell and provide specialist care when needed. Therefore, alongside engagement with providers and the market testing activity, we have established a clinical reference group (CRG), comprised of children and young people’s mental health specialists, to develop an evidence-based model of care.

ICS Strategy Priority	How the can a future CYP MH model deliver against the ICS priorities?
Giving children the best start in life and working to make sure they are not disadvantaged by where they live or their background and are free from fear or discrimination.	Focus on removing the inequity that has been built into numerous contracts and ways of working. New model can build on place and neighbourhood points of access and support . Locally defined services can address specific and local inequalities and population needs which tie in and complement a whole K&M therapeutic approach to care .
Helping the most vulnerable and disadvantaged in society to improve their physical and mental health; with a focus on the social determinants of health and preventing people becoming ill in the first place.	Focus on meeting needs first and early . It will enable system partners to invest and plan together on preventative/wider determinants of health interventions. The place-based components will be able to identify their most vulnerable populations and design services to meet their needs. Exploring personal health budgets at neighbourhood level as an integral component to any future model will test a new approaches to direct support and solution finding.
Helping people to manage their own health and wellbeing and be proactive partners in their care so they can live happy, independent and fulfilling lives; adding years to life and life to years.	Implementation of iTHRIVE to give a framework & language to describe & navigate the information and support on offer. This will be hand in hand with a transformed digital offer and implementation of the CYP MH Communication and Engagement Strategy , making mental health ' everyone's business ' and giving the tools to manage within family, friend and communities.

ICS Strategy Priority	How the can a future CYP MH model deliver against the ICS priorities?
Supporting people with multiple health conditions to be part of a team with health and care professionals working compassionately to improve their health and wellbeing.	Children who are looked after or care leavers , those on the criminal justice pathways, trans young people, autistic people and those with ADHD will remain a focus of any CYP MH programme. Models of care where specialist interventions are delivered by a variety of experts, skilled with working with particularly vulnerable young people will be rolled-out. How can supervision, consultation and psychoeducation can support a whole network of partners support children and young people?
Ensuring that when people need hospital services, most are available from people's nearest hospital ; while providing centres of excellence for specialist care where that improves quality, safety and sustainability.	Children and young people need rapid access to crisis care 24/7 . Where CYP do not have a physical health need, they will be offered care at home or in the community , in environments which are appropriate to their safety, care and need.
Making Kent and Medway a great place for our colleagues to live, work and learn .	By offering contracts for a generation , the new model can build much needed resilience within the workforce . There is a large component of delivery through the VCSE , and longer-term contracting supports the NHS commitment to the sector . It will enable the CYP MH system to better engage with young people seeking to <u>enter</u> <u>into</u> future NHS careers in therapy/MH sector.

KMICB and partners have a strong track record of engaging with children and young people, their families and carers, as well as with mental health professionals and those who provide services. The transformation plan was developed and updated in partnership with our stakeholders.

Over recent months there has been a range of engagement including large-scale conference events, workshops and online surveys. There is in place a comprehensive engagement period between January and March 2024 to seek views from a wide range of stakeholders on the proposed new model of care.