

KENT AND MEDWAY JOINT HEALTH AND WELLBEING BOARD

8 DECEMBER 2020

CASE FOR CHANGE: CHILDREN AND YOUNG PEOPLE STRATEGIC FRAMEWORK

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Summary

This paper sets out the strategic framework for children and young people, based on the Case for Change and NHS Long Term Plan children and young people priorities for the NHS and partners and agreed recently through the Joint Committee of the Kent and Medway CCGs.

1. Budget and Policy Framework

1.1 The Kent and Medway Sustainability and Transformation Plan outlines the intention of the Kent and Medway health and care system to deliver an integrated health, public health and social care model that focuses on delivering population based, high quality outcome focused person centred coordinated care that is easy to access and enables people to stay well and live independently and for as long as possible.

1.2 Additionally, the NHS Long Term Plan and the refreshed Kent and Medway Case for Change identifies the need to focus on improving services for children, young people and their families.

2. Background

2.1 The NHS Long Term Plan highlighted several areas which it is expected are prioritised locally through NHS Commissioning and provision.

2.2 These include:

- Maternity and neonatal services
- Children and young people's mental health services
- Learning disability and autism
- Children and young people with cancer

- Redesigning other health services for children and young people which includes:
 - Creation of a Children and Young People's Mental Health Transformation Plan in conjunction with the Maternity Transformation Plan.
 - Improving childhood immunisation.
 - Reducing unnecessary attendance at accident and emergency departments.
 - Improving the quality of care for children with long term conditions such as asthma, epilepsy and diabetes.
 - Development of paediatric critical care and surgical networks.
 - Moving to a 0-25 years' service model that offer person centred and age appropriate care for mental and physical health needs, rather than an arbitrary transition to adult services based on age not need.

2.3 The Case for Change identifies specific and significant child health and care challenges across Kent and Medway including:

- A high number of women who smoke during their pregnancy (15.4% Kent and 15.9% Medway).
- Children in their early years who do not have average vaccination coverage leads to outbreaks of preventable disease, for example Measles
- Increasing prevalence of severe obesity in reception year children in Kent and in year 6 in Medway.
- Around 10% of children and young people have a mental health issue and there is concern for looked after children.
- Whilst declining, the rate of teenage pregnancies is above the regional average in both Kent and Medway.
- Both Kent and Medway have large cohorts who have a special educational need.
- There is minimal local provision of cancer care for children.
- Experience in paediatric services across Kent and Medway are inconsistent which has resulted in inequalities in access and outcomes.

2.4 Additionally, recent CQC/Ofsted inspections in Kent of services for children with Special Education Needs and Disabilities (SEND) identified areas of significant weakness, some of which are also features of other children's services. The SEND re-inspection in Medway found significant improvement in services though some work remains outstanding particularly, for health, the Kent and Medway Neurodevelopmental pathway.

3. Development

3.1 A draft strategic framework was developed during September/October 2019 and presented to the Kent and Medway Joint Clinical Commissioning Group Board for comment. Original comment included adding in Safeguarding and Children's mental health.

3.2 Since the JCCCG meeting the draft strategic plan has been presented to and shared with a wide range of forums and stakeholders including:

- The Kent and Medway STP Clinical and Professional Board
- Integrated Care Partnerships

- Kent 0-25 Health and Well-Being Board
- East Kent Governing Body Development Day
- Kent Local Children's Partnership Groups

- 3.3 A wide range of feedback has been received which can be summarised as:
- Strong support and agreement that a Children and Young People strategic plan is required.
 - Broad agreement to the plan and how it has been developed using qualitative and quantitative data.
 - Strong agreement to the wrap around focus on safeguarding, mental health and well-being and adverse childhood trauma.
 - A view from a number of stakeholders that a Thanet priority should be reconsidered. There was concern that prioritising a place would detract from the strategic approach and that improving the other priorities consistently would improve Thanet. Other feedback asked for other areas, particularly those with high deprivation, to be included and others thought a strategic and place-based approach should be taken, rather than prioritising one or multiple places.
 - Priorities can be grouped into themes.
 - More detail on outcomes and how they will be co-designed at the next stage.
 - More detail on how these areas will be developed and implemented across K&M.

4. Outcome

- 4.1 The Kent and Medway Joint Clinical Commissioning Board reconsidered the strategic framework at its meeting held 13 February 2020.
- 4.2 The Joint Committee agreed that the three overarching themes are:
- Children and young people's mental health and well-being
 - Adverse childhood experiences
 - Safeguarding
- 4.3 The Joint Committee agreed to 12 initial priority areas which includes:
- Improving sexual health and reducing teenage pregnancy
 - Reducing smoking rates in pregnancy
 - Increasing the initiation of breast feeding
 - Improving the coverage of childhood vaccination
 - Improving services for special needs and disabilities (SEND), learning disability and autism
 - Improving services for looked after children
 - Improving services for homeless young people
 - Reducing childhood obesity
 - Reducing unnecessary A&E attendances
 - Improving care for chronic childhood illness
 - Improving end of life care
 - Ensuring a disproportionate response in the areas where outcomes for children and young people are the worst

5. Governance and risk management

- 5.1 The Joint Committee of Kent and Medway Clinical Commissioning Groups also agreed to establish a Health focussed Children and Young People's Steering Group (of both commissioners and providers) which would then link into the Governing Body and other system forums such as the Health and Wellbeing Boards. This approach would not duplicate the Governing Body and would focus on health, recognising that other partners already have established CYP governance forums.
- 5.2 Clearly, most of the work will need to be done in partnership and at system level to ensure we deliver improved outcomes for all children and young people.
- 5.3 Decision making on specific elements of future plans will, as it does now, be taken through the responsible organisations' own governance process.

6. Consultation

- 6.1 Partners, including Healthwatch Kent and Healthwatch Medway have been talking with local children, young people, their parents and carers to understand their priorities for improving children's services. Local people have told us:
 - Services for children with special needs and disabilities (SEND) need to improve
 - Communication needs to be better with families
 - Children and families want to work with us to co-design services of the future
 - We need to improve information about services and how to access them
 - We need to join up services
 - We need to provide better support for parents
 - Children and young people are waiting too long for mental health appointments.

7. Financial implications

- 7.1 The overall financial implications of improving outcomes for the children and young people is not yet known, nor fully understood. As each priority area is developed into a full, set of agreed plans, responsible services will need to make decisions based on affordability, statutory requirements and resource requirements and made through their individual governance procedures.
- 7.2 There are no financial implications arising directly from this report, and this report makes no request for resources.

8. Legal implications

- 8.1 The Kent and Medway Joint Health and Wellbeing Board has been established as an advisory sub-committee of the Kent Health and Wellbeing

Board and the Medway Health and Wellbeing Board under Section 198(c) of the Health and Social Care Act 2012.

- 8.2 The Joint Board operates to encourage the planning and operating of health and care services in an integrated and joined up way. This board may consider and seek to influence the work of the Sustainability and Transformation Partnership of Kent and Medway.
- 8.3 The Joint Board is advisory and may make recommendations to the Kent and Medway Health and Wellbeing Boards respectively.

9. Recommendations

- 9.1 The Kent and Medway Joint Health and Wellbeing Board is asked to comment on and support the Children's and Young people's Strategic Framework.

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Appendices

None

Background papers

[NHS Long Term Plan](#)