THEME 3: Prevent early death and increase years of healthy life

1) CURRENT STATE

- 146.4 deaths from cancer per 100,000 (2016 18)
- 68.6 deaths from circulatory disease per 100,000 (2016 18)
- 38.3 deaths from respiratory disease per 100,000 (2016 18)
- 74.2% of eligible women screened for breast cancer (previous 3 years to March 2019)
- 72.4% of eligible women screened for cervical cancer (previous 3½ or 5½ years (according to age) to March 2019)
- 51.8% of adults with a long-term condition reported sufficient support (2018)

3) FUTURE STATE

- Medway is a place where the health system works well, key drivers of mortality and morbidity are detected early and appropriate action is taken to improve outcomes and prevent complications
- The drivers behind Medway's consistently high cancer mortality rates have been identified and are being addressed
- Screening rates for bowel, breast and cervical cancer are high
- All Medway residents have the same high quality of primary care

2) BACKGROUND

- Improving healthcare to prevent early death and improve quality of life.
 Includes improving early diagnosis and therefore allowing more timely intervention which can significantly improve outcomes in some diseases.
- The leading causes of early death and illness in Medway include cancer, circulatory disease (e.g. heart attack, stroke and heart failure) and respiratory disease, conditions that share many common causes. Over recent decades public health action and improved health care have led to dramatic reductions in the number of deaths from these causes. About half of this reduction was due to improved health care and half was due to public health measures, such as reductions in smoking.
- Most people with long-term conditions have a single condition and can be helped to manage their condition at relatively low cost. However, as people age, more people begin to develop other conditions
- Addressing these conditions requires well-integrated health and social care systems.

4) How will we collaborate to create this future state, in the context of the Integrated Care System, Integrated Care Partnership (Medway and Swale) and Primary Care Networks?