



Kent and Medway

Mental Health Update

Report prepared for:

Medway Council
Health and Adult Social Care (HASC) Overview and Scrutiny Committee
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1. SUMMARY

- 1.1 This report has been prepared at the invitation of Medway Council's Health and Adult Social Care Overview and Scrutiny Committee (HASC) to provide an update about the Kent and Medway NHS and Social Care Partnership Trust (KMPT).
- 1.2 This report will be presented under the following set of headings:
 - 1.2.1 Budget and policy framework – a reminder (section 2, page 2);
 - 1.2.2 Introduction and current service provision - a reminder (section 3, pages 2-3 and appendices A and B, pages 11 and 12 respectively);
 - 1.2.3 KMPT current activities and priorities (section 4, pages 3-4);
 - 1.2.4 COVID response (section 5, pages 4-6);
 - 1.2.5 New initiatives and opportunities – post COVID (section 6, pages 6-8);
 - 1.2.6 Achievements (section 7, pages 8-9);
 - 1.2.7 Challenges (section 8, pages 9-10);
 - 1.2.8 Financial Implications (section 9, page 10);
 - 1.2.9 Legal implications (section 10, page 10);
 - 1.2.10 Conclusions and recommendations (section 11, page 10);
 - 1.2.11 Lead officer contact (section 12, page 10).
- 1.3 The Committee is asked to note the content of the report and provide comment.

2. BUDGET AND POLICY FRAMEWORK – A REMINDER

- 2.1 Under the Local Authority (Public Health, Health and Wellbeing Boards and Health Scrutiny) Regulations 2013 the Council may review and scrutinise any matter relating to the planning, provision and operation of the health service in Medway. In carrying out health scrutiny a Local Authority must invite interested parties to comment and take account of any relevant information available to it, and in particular, relevant information provided to it by a local Healthwatch. The Council has delegated responsibility for discharging this function to this Committee and to the Children and Young People's Overview and Scrutiny Committee as set out in the Council's Constitution.

3. INTRODUCTION AND CURRENT SERVICE PROVISION – A REMINDER

- 3.1 Medway has a number of mental health and learning disability services across both statutory and Third Sector providers covering the full spectrum of mental health needs. People access mental health support at many points depending on their presentation from their general practitioner (GP) and local authority to the specialist care delivered by KMPT for people with serious mental illness (SMI).
- 3.2 The Integrated Care System (ICS) is in the process of remodeling its leadership and once completed towards the end of October 2020 there will be clarity on commissioning, health improvement leads for mental health and learning disability across Medway and Kent. It is proposed future mental health updates to the HASC are from an ICS and Medway

Integrated Care Partnership (ICP) perspective.

- 3.3 This report predominantly reports against the KMPT provision; KMPT is commissioned to provide a range of inpatient, community and specialist services to younger and older adult people of Medway. Some of these services are based in Medway; others are based outside of Medway and offer an in-reach provision to the residents of Medway.
- 3.4 **Appendix A** provides an outline of those services based in Medway.
- 3.5 **Appendix B** provides an outline of those services based outside of Medway that offer an in-reach provision to the residents of Medway.

4. KMPT CURRENT ACTIVITIES AND PRIORITIES

- 4.1 **New Chair and Non-Executive Directors:** On 14 July 2020, KMPT welcomed Dr Jackie Craissati as the Interim Trust Chair of KMPT. Dr Craissati was appointed by NHS England / Improvement (NHSE/I) using powers delegated by the Secretary of State for Health. Dr Craissati was previously a Non-Executive Director with KMPT having joined the Trust in May 2016.
- 4.2 **Care Quality Commission (CQC) Inspection Progress and Improvements:** KMPT received its first well-led inspection in 2018 and maintained its overall rating of 'Good'. During this inspection, none of the CQC domains had deteriorated since the last comprehensive inspection in 2017 and improvements were noted in nine domains. In April 2019, the implementation of the overarching quality improvement plan commenced with seven 'must do' and thirty 'should do' actions identified as areas for improvement. This plan was continually monitored throughout 2019 and into 2020. A number of improvements have been made including improved psychology provision across inpatient wards. KMPT is expecting a well led inspection once CQC reconvene inspections post COVID.
- 4.3 **Medway Hub:** The new community mental health centre, or hub, for the Medway population opened in late July 2020. The facility is a joint venture between Medway Council and KMPT and replaced the outdated accommodation at Canada House and Elizabeth House. Britton Farm, as the hub is known, is already attracting praise and appreciation from service users, visitors and staff alike, and cements KMPT's commitment to ensuring safe, high quality environments for community mental health services in Medway through investment. Medway now has the most modern and best-equipped mental health centre anywhere in the county. Britton Farm has been risk assessed to be COVID compliant.

KMPT teams operating from the Medway Hub include Early Intervention in Psychosis, Mother and Infant Mental Health, Primary Care Mental Health, Community Mental Health Team (CMHT), Community Mental Health Services for Older People (CMHSOP), Mental Health of Learning Disability, and Health and Safety. The Crisis Resolution Home Treatment (CRHT) service is due to move in shortly. A full range of interventions is offered by these services.

In the future, once COVID is no longer the health threat it currently is, the aim is to offer Third Sector organisations such as the Medway 5 Carers group space to hold meetings at no cost.

- 4.4 **Primary Care Interface:** The Medway CMHT continues to receive the highest numbers of referrals of any CMHT in KMPT.

The senior leadership includes an Associate Medical Director, Dr Mo Eyeoyibo; Dr Eyeoyibo is working closely with the Medway Primary Care Networks (PCNs) and mental health commissioners to resolve local concerns and issues regarding the CMHT with on-going meetings in place at an ICP level

An important recent change is the implementation of the Consultant Connect App. The App

offers GPs direct telephone advice and guidance, delivered by consultant psychiatrists. Pilot sites evidence the time it takes a GP to connect to a consultant this way is just 27 seconds (UK average). The aim is to reduce the high referral rates from GPs by ensuring immediate access to specialist advice for GPs and thereby reducing referrals into specialist care such as the CMHT. Responses to referrals will be robust, safe, directional and person-centred. KMPT quality checks will support consistency and sustainability.

Another exciting development in Medway is the Primary Care Mental Health Service which is supporting the Rough Sleepers' Initiative with Medway Council and has a dedicated mental health nurse working into this project, linking in with the CMHT.

- 4.5 **Clinical Care Pathways Programme:** As reported to the HASC in March 2019 KMPT continues to develop sustainable, evidenced-based, therapeutic care pathways, through the Clinical Care Pathways Programme. Development of the programme includes people with lived experience, staff and other key experts, including Medway carers and local third sector organisations such as MEGAN. Once fully rolled out it is anticipated the Medway CMHT operational functioning will be more efficient and effective, increasing and improving capacity to meet demand.

Medway has fully implemented the Complex Emotional Difficulties Pathway for people with a Personality Disorder diagnosis, and the majority of people accepted for treatment now undergo the Initial Interventions Programme, which is showing some excellent outcomes.

These important developments form part of the wider system response to the Long Term Plan requirements for Mental Health, in particular those related to the Community Mental Health Framework

- 4.6 **The Community Mental Health Framework** is a once in a generation opportunity to redesign mental health care for people with diagnosed a SMI and significant national funding will be made available. As part of the local recovery planning ICPs are interested in understanding the broader mental health response. COVID recovery offers an opportunity to build many of the key aspects of the Community Mental Health Framework into local ICP recovery planning.

The ICS has allocated a health improvement lead for this work, Andy Oldfield, who will work with the ICPs to build in local mental health planning into the programme of work. This significant piece of work requires full system engagement and plans suggest a four year programme is required to fully embed change with year on year improvement nationally mandated.

For more information members are encouraged to read the NHSE document: ***The Community Mental Health Framework for Adults and Older Adults***¹.

- 4.7 **Outcomes Reporting:** All mental health providers are required to ensure implementation of clinical and patient outcome measures; this informs knowing which services are effective and those that may require review and redesign. For KMPT this work is led by Executive Medical Director, Dr Afifa Qazi, to ensure ongoing quality improvements in patient care are delivered across the care settings. The outcomes reported are built into service development and redesign both locally and nationally
- 4.8 **St Martin's West (Canterbury):** For completeness and clarity, the St Martin's changes previously reported have been implemented allowing the old western part of the site and its institutional buildings to be disposed of. The site was purchased by Homes England.

¹ (2019) NHS England and NHS Improvement and the National Collaborating Central for Mental Health '***The Community Mental Health Framework for Adults and Older Adults***' available at <https://www.england.nhs.uk/wp-content/uploads/2019/09/community-mental-health-framework-for-adults-and-older-adults.pdf>

- 4.9 **Mental Health and Learning Disability:** Working in partnership is a key component to ensure delivery of effective mental health care. KMPT continues to work hard to improve its relationships with Medway Council, GPs and other key providers in the locality. Post COVID much of the work will be taken forward through the ICS Mental Health, Learning Disability and Autism Improvement Board, Medway seniors at both a Council and health level are invited to attend.

5. COVID RESPONSE

- 5.1 Clinical services worked tirelessly throughout the peak of the COVID pandemic to maintain effective care; now those teams are living with new ways of working, the KMPT Recovery and Transform Programme, chaired by the Deputy Chief Executive / Executive Director for Partnerships and Strategy, Vincent Badu, is supporting services to embed the changes as required to maintain safe and effective delivery of care.
- 5.2 Clinical services adapted quickly and to their merit no service ceased with most prioritising urgent work; it was acknowledged early on there would be a likely increase in June and July 2020 of routine work once the peak of the pandemic passed and indeed nationally there has been an increase in mental health referrals across all providers. KMPT has not been immune to the raise in referrals and the services are coping well.
- 5.3 The new ways of working were many and below sets out a number of those changes:
- 5.3.1 Community teams introduced 7 day working; many staff welcomed the option to work in a more agile and flexible way. KMPT's Executive Management Team (EMT) has agreed to maintain a more agile workforce willing to work differently; Medway CMHT increased its hours to cover 08.00 to 20.00 hours Monday to Friday and Saturdays 09.00 to 17.00 hours to offer additional support. Extended hours for community teams form part of the recovery planning with a view to align to GP operational hours with some weekend and late night clinics being available.
 - 5.3.2 Flexible working including working from home – large numbers of staff have been able to work from home and have had the right equipment to maintain clinical work especially one to one sessions. This is a requirement to continue as office space is required to maintain a 'COVID Secure' status.
 - 5.3.3 Staff have been willing and able to cross-cover services especially the crisis teams, community teams and inpatient wards – it was and remains a can do attitude.
 - 5.3.4 Set up of a COVID cohort ward within two weeks of the national lock down – led by the Head of Service for Acute services, Louise Clack, KMPT was one of the first mental health trusts to have both the ward and comprehensive standard operating procedure in place.
 - 5.3.5 Patients of the specialist personality disorder services accessed video group work within the first week of lockdown – work is underway to review experience by both staff and people using the service and will be built into the development of KMPT's digital offer.
 - 5.3.6 Asked by NHSE to quickly set up a public facing crisis line KMPT expanded the single point of access to function as a 24/7 crisis response in line with national requirements. The service is maintaining this function and is working with NHS 111 to enable calls to be routed through directly for specialist mental health advice and guidance.
 - 5.3.7 The safety and quality of services continues to be the main driver and to fully embed extended hours it is accepted investment is required. The Executive Director of Finance, Sheila Stenson, and Chief Operating Officer, Jacquie

Mowbray-Gould, are working together to ensure new investment in mental health is fully considered as part of the Mental Health Investment Standard (MHIS) contract negotiations.

- 5.3.8 Use of digital and telephone for clinical contacts and team meetings expanded exponentially. In line with many other NHS organisations KMPT quickly scaled up the options for use of digital and telephony to ensure business continuity. The digital offer compliments face to face therapeutic interventions, improved access to crisis support through the KMPT single point of access and a more flexible workforce able to work from home. KMPT's Recovery and Transform Programme is in place to sustain some of these new ways of working.
- 5.3.9 Patient flow and inpatient response - KMPT continues to have one of the best national records for ensuring people in Medway and Kent who need a psychiatric admission are admitted to a Medway and Kent bed. This was maintained during COVID lockdown and despite some significant levels of acuity and need for admissions KMPT has maintained a very positive position. Key services supporting good patient flow are the Patient Flow Team, the crisis teams, the inpatient staff and the Support and Signposting Service.
- 5.3.10 Across the Kent and Medway health and social care system, KMPT has been leading on the provision of psychological support. There are two work-streams overseeing this work and Medway is involved in both.

The first is focusing on psychological support for NHS and social care staff. To date take up in Medway has primarily been from the Medway Maritime Hospital. The offer includes support in the form of psychoeducational material (leaflets and videos for staff and for managers), reflective de-briefing to clinical staff, and a telephone line for managers to offer advice and sign posting for staff they are worried about. In addition a business case to provide psychological interventions for staff working in Medway Maritime Hospital has been developed and a training session for social care managers has been convened – Medway colleagues have been invited.

The second workstream is focusing on psychological provision for the general population - modelling and planning likely demand. Medway is represented in this work. KMPT is linked into the planning of the Seacole Service, and is working with the Improving Access to Psychological Therapies (IAPT) providers with a priority focus on those who have been bereaved and those who have an existing mental health condition. These services are accessible to the residents of Medway. In addition KMPT is working closely with Public Health to model the likely increased demand, how existing services can respond to this increase and develop a business case for additional funding to meet the need – the business case will require approval from the Clinical Commissioning Group (CCG).

- 5.3.11 The Kent and Medway Recovery and Wellbeing College moved to a virtual provision in May 2020; this continues. Students from all Medway localities are engaged. The Recovery and Wellbeing College development strategy includes delivery of face to face provision in Medway from September 2021 (COVID dependant).

6. NEW INITIATIVES AND OPPORTUNITIES – POST COVID

- 6.1 KMPT continues to welcome the opportunity to develop new initiatives and opportunities to deliver its vision. To achieve this, KMPT is involved in a number of initiatives in partnership with other agencies.
- 6.2 **Urgent Care Response:** COVID has had a significant impact on the need to provide crisis care in a different way. The Trust expanded its Single Point of Access in response to the system requirement to provide an NHS public facing mental health crisis line. KMPT is

working with the ICS to agree maintaining and development of the crisis line ensuring it meets the national service specifications as additional funding is required.

Helpful discussions are in place with the Medway Maritime Hospital leadership and commissioners to ensure a mental health urgent care response can be delivered from the urgent care treatment centres. This will support a further reduction of people in psychiatric distress attending the emergency department.

Mental health referrals and acuity of presentations post COVID has been high and the impact is being realised across all mental health providers. As set out in this paper a number of responses by the mental health system providers are in place with organisations working collaboratively to ensure the local populations receive the care and treatment needed in these most unusual of times.

6.3 **Liaison Mental Health Core 24:** The Medway Liaison Mental Health Service is now a CORE 24 service. The team has recently recruited a second consultant, and has a monthly working group meeting with Medway Maritime Hospital staff to ensure effective relationships. During COVID the team worked diligently with their Medway Maritime Hospital colleagues.

6.4 **The NHS Long Term Plan (LTP):** Mental health is a key development area for the Medway and Kent ICS and Medway and Swale ICP. The ICS, in partnership with Medway Council, Kent County Council and other providers, has set up an executive level board to deliver the national requirements set out in the LTP. The Mental Health, Learning Disability and Autism Improvement Board met for the first time on 28 September 2020.

KMPT is fully engaged with the local system programmes with the KMPT Deputy Chief Executive Officer / Executive Director Partnerships and Strategy, Vincent Badu, sitting on the strategic Medway and Swale ICP Board. Associate Medical Director, Dr Mo Eyeoyibo, is the KMPT representative on the Medway and Swale Clinical and Professional Advisory Board and is working with other members to develop shared mental health priority projects. There has been increased engagement with clinical directors to ensure PCN mental health priority concerns are identified and addressed jointly. KMPT is actively working with Medway Healthwatch to assure their intelligence is being fed into local mental health initiatives.

6.5 **Medway Talking Therapies (IAPT):** Medway Talking Therapies continue to offer improving access to psychological therapies services virtually during COVID and the CCG is working with Medway Talking Therapies on a plan to restart face to face sessions once it is safe to do so. Medway Talking Therapies saw a large drop in referrals during lockdown and used this period to reduce the numbers on their waiting list. Medway Talking Therapies has seen a significant decrease in the number of 'did not attends'; to increase referrals the service has completed a leaflet drop and have further advertising planned. Referrals are increasing with 711 referrals received in July 2020.

6.6 **Crisis Resolution Home Treatment (CRHT):** The KMPT CRHT Service has had new national investment to support the delivery of urgent assessment; this investment will significantly improve crisis assessment and home treatment provision in line with national standards of best practice by 2020/21. It also allowed for the development of safe havens for people in mental distress but who do not need KMPT services; the Medway service, provided by Mental Health Matters, was operational virtually during COVID. The KMPT Support and Signposting Service, outlined in the previous paper to HASC, remains effective as an alternative to hospital admission and has been an additional resource to the Police in offering an improved response to Section 136.

The Medway CRHT Team is due to relocate to the Medway Hub (Britton Farm) in November 2020.

6.7 **Specialist Perinatal Mental Health Services:** During 2019/20 the Specialist Perinatal Mental Health Service saw an additional 107 women in Medway taking the total number up

to 147 and made contact with 1,237 women. Following a slight delay due to COVID, KMPT's Mother and Infant Mental Health Service (MIMHS) has now been advised by NHS England to implement the ambitions for perinatal mental health as detailed in the NHS LTP; this will include such initiatives as:

- Increasing the offer of more psychological treatment to more women in Medway;
- Extending the access from 12 months post-partum to 24 months post-partum;
- Developing services to treat women with trauma arising from the maternity experience, including birth loss;
- Offering mental health assessments for partners and signposting to support services.

These initiatives will be introduced in a phased approach between now and 2023/24. Specialist Perinatal Mental Health Services continue to benefit from support of the Medway Commissioner, Tom Beaumont.

The MIMHS continued to work during COVID, working remotely where possible by offering telephone or video support and if necessary face to face visits have taken place using appropriate personnel protective equipment. A bid application is being developed for submission to NHSE/I for the service to become an early implementer and provide a maternity mental health service, commencing with a pilot in East Kent. All of Medway and Kent is required to provide these new services by 2024.

- 6.8 **Workforce:** Throughout the last year there has been a system wide workforce expansion with more to come; in total there will be around 500 additional roles in mental health by 2021 across all mental health providers in Medway and Kent. Importantly there will be opportunities to develop roles in the Third Sector and to expand the Kent and Medway Recovery and Wellbeing College².

7. ACHIEVEMENTS

- 7.1 **Suicide Prevention:** The latest suicide data from the Office of National Statistics (published September 2020) reports that the national three-year (2017-19) rolling suicide rate per 100,000 is 10.1. In Medway the rolling suicide rate per 100,000 is 8.3 and in Kent it is 10.3. However when confidence intervals are applied the rates are all seen to be statistically similar. Middle-aged men continue to be at higher risk of dying by suicide; other high risk groups include students, domestic abuse victims and people known to secondary mental health services. The Kent and Medway Sustainability and Transformation Partnership (STP) is currently in the third and final year of funding from NHSE for its Suicide Prevention Programme. The Programme has included the Release the Pressure campaign, increasing quality and safety at high risk points in pathways, delivering over 3,000 places of free suicide prevention training and small grant funding for over 40 community projects. The programme won a highly converted Health Service Journal (HSJ) award at the end of last year.
- 7.2 **Early Intervention in Psychosis:** Delivered by KMPT, early intervention in psychosis national standards are being met in Medway: In July and August 2020 100% of people in Medway requiring early intervention for a psychotic illness were able to access National Institute for Health and Care Excellence (NICE) concordant care within two weeks of referral, well over the national target of 53%. The service was praised during a recent deep dive as a best practice method to improvement.
- 7.3 **Out-of-Area – Women needing a Psychiatric Intensive Care Unit (PICU):** Medway and Kent does not have a female PICU and whilst it is very small numbers of women who need such a service it is important this cohort can be cared for either in Medway and Kent or as near as possible. In 2020/21 KMPT and commissioners contracted with the private sector for female PICU beds in county; the contract commenced in May 2020. The contract is for five

² Further information is available at: <https://www.kmpt.nhs.uk/about-us/recovery-and-wellbeing-college/>

block beds and two cost and volume beds allowing flexibility and additional capacity if needed. In the longer term it is the ambition for KMPT to build its own female PICU.

The first three months of the new contract has oversight at Trust Board level and early indications are positive; the quality and clinical input is closely monitored with good outcomes being recorded at the time of writing. Monthly contract meetings are in place reviewing quality, safety and value for money.

- 7.4 **Individual Placement with Support (IPS):** Increasing access to IPS enabling people with severe mental illness to find and retain employment - NHSE funding has been awarded to expand the existing KMPT Vocational Rehabilitation Team and form an IPS collaboration with Shaw Trust and Porchlight. The impact will be Medway people will now have access to IPS enabling people with a SMI to find and retain employment. The funding will enable the recruitment of ten IPS employment advisors: four in KMPT, three in Shaw Trust serving the Early Intervention in Psychosis Service and three in Porchlight serving Medway and Shepway. This expansion will mean that there will be a dedicated IPS worker and / or vocational specialist in all CMHTs across Medway and Kent.

KMPT is delighted its Vocational Rehabilitation Service was the winner of the 2020 HSJ value award of the year. The service exceeded its target of supporting people back to work and reported on good outcomes in terms of self-esteem and improved mental health.

- 7.5 **Mental Health Investment Standard (MHIS):** Following the publication of the NHS LTP, even more focus has been given to investment in mental health services. KMPT continues to work closely with system partners to ensure that the investment funding is flowing through to the services in need of development, with trajectories and performance metrics closely monitored. The services benefiting from this investment in 2020/21 include Early Intervention in Psychosis, Perinatal Mental Health and CMHTs. Funding for this is being finalised as part of the Phase 3 planning refresh, and commissioners are supportive of a number of provider submissions.

Over the next year there will be opportunities for the ICS and the Medway system to bid for transformational mental health funding aligned to delivery of the LTP for Mental Health ambitions

8. CHALLENGES

- 8.1 **Dementia Target:** The dementia target is now measured as a Medway and Kent wide target and has fallen to 56.3%. The fall is partly related to COVID and the pause in the Memory Assessment Service within KMPT due to COVID – this was a nationally mandated cease in memory assessment. During COVID a number of organisations across the country have been developing digital options to allow memory assessment to recommence virtually where that is practical. KMPT is reviewing these options and has begun to test the use of some of the national best practice options. This is a new way of working and it is acknowledged will not meet the needs of all people needing memory assessment, KMPT continues to offer face to face where that is safe to do so and the best option for the person.
- 8.2 **Physical Health checks for people with a SMI:** Medway has not met the requirement for people on GP SMI registers to have their physical health checked annually; on average a person with a SMI dies of poor physical health 20 years before their counterparts in the main population. There are 2,086 people on the Medway GP SMI registers and to put some grip and pace to meet the national standard a team of three nurses have been employed to carry out this important work. The service went live on 27 June 2020 and is hosted by Medway Community Healthcare. The nurses complete annual physical health checks and provide support to GPs for people with mental health concerns. It is anticipated Medway will meet the target of 60% physical health check completion by March 2021 which is an improvement on current activity

- 8.3 **Autism:** An important issue related to COVID has been the impact on autistic people which has highlighted gaps in the provision for access to the right care for this group of people. This has proved a significant challenge for KMPT as currently this group of people can be admitted to general psychiatric inpatient wards when in crisis rather than receiving the more specialist care they need (as it is unavailable). This is a key system improvement area in the next year and the Mental Health, Learning Disability and Autism Improvement Board will oversee the development of local provision for people with an autism diagnosis who experience significant challenges in finding the right care solutions.

9. FINANCIAL IMPLICATIONS

- 9.1 There are no financial implications to Medway Council arising directly from the detail in this report. Likely funding for transformation of mental health care is going to be available over the next four years aligned to the long term plan, it is important the key issues for Medway are built into the planning and work is underway with local commissioners and the local authority on 21/22 mental health planning

10. LEGAL IMPLICATIONS

- 10.1 There are no legal implications to Medway Council arising directly from the recommendations of this report.

11. CONCLUSION AND RECOMMENDATION

- 11.1 **Conclusion:** Nationally mental health remains a priority for health and social care and this is replicated at an ICS level in Kent and Medway; whilst facing a series of challenges there is now clarity of how and who is leading that work at the ICS level. The Mental Health, Learning Disability and Autism Improvement Board has senior representation from Medway on the Board and is an important development in driving consistently improved outcomes for the people of Medway and the rest of Kent when they need mental health intervention and/or support.

The report is for information with no recommendations for decision.

12. LEAD OFFICER CONTACT

- 12.1 Queries related to the content of this report should, in the first instance, be address to Martine Mccahon, Assistant Director of Transformation and Improvement, Kent and Medway NHS and Social Care Partnership Trust at martine.mccahon@nhs.net

APPENDIX A: SERVICES BASED IN MEDWAY

Type of service	Description of service
Acute (younger adult) services	
Crisis resolution and home treatment (CRHT)	Medway and Swale CRHT provide mental health assessment and treatment to individuals with severe mental illness in an acute phase of their illness, as an alternative to inpatient treatment. It is currently based at the Disablement Services Centre at Medway Hospital (Gillingham) and is due to relocate to the Medway Hub (Britton Farm) in November 2020.
Liaison mental health	Based at Medway Maritime Hospital, the Medway Liaison Mental Health Service operates 24 hours a day 7 days a week and provides mental health assessment and advice / support regarding mental health treatment and ongoing care to people admitted to Medway Maritime Hospital. The service works very closely with staff at Medway Maritime Hospital to allow a patient's mental health to be treated effectively alongside any physical health problems. The service is available to anyone over the age of 18, regardless of address, who attends the Accident and Emergency Department or is an inpatient at Medway Maritime Hospital and needs advice, assistance or a mental health assessment.
Community recovery services	
Community mental health team (CMHT)	Based at Britton Farm the Medway and Swale CMHT provide services to adults of working age (18 to 65 years) with severe long term mental health needs.
Early intervention in psychosis (EIP)	Based at Britton Farm, the Medway and West Kent EIP service works with people aged between 14 and 35 years old who are experiencing their first episode of psychosis, and who have been experiencing symptoms for less than three years.
Inpatient rehabilitation	Based at Newhaven Lodge, Medway Maritime Hospital, the 8 bedded Newhaven Lodge Rehabilitation Unit is a mixed gender inpatient adult mental health rehabilitation unit. The Rehabilitation Team work with men and women who have experienced a relapse in their mental health, to promote recovery and support them to develop or regain skills for everyday living.
Older adult services	
Inpatient older adult	Based at A Block, Medway Maritime Hospital, the 14 bedded Ruby Ward is a female only inpatient older adult unit for people suffering acute mental health challenges and experiencing dementia, depression, anxiety and psychotic conditions.
Community mental health service for older people (CMHSOP)	Following a move from Elizabeth House (Rainham) in July 2020, the Medway CMHSOP is based at Britton Farm in Gillingham and provides a service for people age over 65 years with both organic and functional presentations.
Forensic and specialist services	
Criminal justice liaison and diversion service (CJLD)	Based in the Medway Custody Suite, the Medway CJLD service provides screening and assessment of individuals, of all age groups and vulnerabilities within the criminal justice system. The Medway CJLD team is one of seven operating pan-county; in addition to the team operating out of the Medway Custody Suite, teams operate from six other suites outside Medway. The CJLDS team also has a presence in the Medway Magistrate courts, enabling them to advise the judge on cases they have seen in custody.

Chronic fatigue syndrome (CFS) / myalgic encephalopathy (ME) (pain clinic)	Based at Medway Maritime Hospital the pan-county service offers multi-disciplinary assessment and treatment programmes for adults from 18 years with a diagnosis of CFS / ME.
Specialist Equipment Services (prosthetics and orthotics) and environmental control services	Based at the Disablement Services Centre the pan-county. The Specialist Equipment Services and Environmental Control teams provides Prosthetic limbs (upper and lower, traumatic or congenital) to adults and children with limb loss and services to people with a permanent medical condition or severe physical disability by providing suitable equipment that can help with everyday life. This includes providing electronic assistive technology equipment, on loan, to severely disabled people to enable them to live more independently in their homes.
Community brain injury	Based at Medway Maritime Hospital the Medway and Swale Community Brain Injury team supports people with non-progressive brain injuries between the ages of 18 and 65 years.
Mental health of learning disability (MHLD)	The Medway team is based in Britton House and provides mental health support for adults with a learning disability

APPENDIX B: SERVICES BASED OUTSIDE MEDWAY THAT OFFER AN IN-REACH PROVISION TO THE RESIDENTS OF MEDWAY

Type of service	Description of service
Acute (younger adult) services	
Section 136 health-based place of safety	Assessment areas at St Martins Hospital (2 spaces), Priority House (2 spaces) and Littlebrook Hospital (1 space) for those individuals detained on a Section 136 awaiting assessment.
Inpatient acute	Based at Little Brook Hospital, the two 17 bedded (Amberwood and Cherrywood) and one 16 bedded (Pinewood) acute younger adult admission wards provide inpatient care with intensive support for patients in periods of acute psychiatric illness.
Psychiatric intensive care unit (PICU)	Based at Little Brook Hospital, the pan-county 12 bedded (Willow suite) PICU provides male facilities designed for short-stay treatment of patients with mental health problems requiring intensive treatment, care and observation. Female PICU provision is provided through Cygnet Healthcare Group, Godden Green, as part of a Service Level Agreement.
Support and signposting service	Based at Priority House for purposes of centrality to the county, the Support and Signposting Service is a pan-county service that provides mental health support, advice and signposting for individuals who have been assessed by the Liaison Mental Health Service or are in the Section 136 Health-based Place of Safety, who do not require inpatient admission but do require a period of intensive support in a safe and therapeutic environment prior to returning home from the Section 136 Health-based Place of Safety or Accident and Emergency Department. Individuals can stay for up to 24 hours and transport is provided home.
Older adult services	
Inpatient older adult	Based at Darent Valley Hospital, the 16 bedded Jasmine Ward is a mixed gender older adult unit for people suffering acute mental health challenges and experiencing dementia, depression, anxiety and psychotic conditions.
Forensic and specialist services	
Inpatient forensic (medium secure)	Based at the Trevor Gibbens Unit (Maidstone) the pan-county service provides medium secure care for men and women.
Inpatient forensic (low secure)	Based at the Greenacres site (Dartford) the 20 bedded pan-county Tarentfort Centre consists of two wards for male patients with a learning disability whose offending behaviour and mental health needs require that they are detained under the Mental Health Act in secure conditions. In addition, the 20 bedded pan-county Allington Centre offers holistic person centered care packages for male patients between the age of 18- 64 years detained under the Mental Health Act, whose mental health and offending / criminal behaviors puts them and / or others at significant risk.
Inpatient forensic (rehabilitation)	Based at the Greenacres site the 10 bedded pan-county Brookfield Centre provides a rehabilitation and recovery inpatient service for forensic male patients with a learning disability. The service helps to reintegrate this patient group into the community, and acts primarily as a step down service for patients from the Tarentfort Centre.
Inpatient addiction	Based at Fant Oast (Maidstone) the pan-county 9 bedded Bridge House Service provides inpatient detoxification treatment in a high quality environment.
Neuropsychiatry	Based at Darent House (Sevenoaks) the West Kent and Medway tertiary neuropsychiatry service offers outpatient

	assessment and treatment to individuals with a psychological / psychiatric disorder that manifest as neurological / organic conditions.
Mother and infant mental health services (MIMHS)	Based in Canterbury, Maidstone and Dartford the pan-county MIMHS is for women with perinatal mental health difficulties who are considering pregnancy, are currently pregnant, or have given birth and the baby is under a year old. The team also provides in-reach services at Britton Farm.
Rosewood mother and baby unit (MBU)	Based in Dartford, this unit is an 8 bedded inpatient facility for women who require admission due to severe perinatal mental health difficulties. Women are admitted for specialist care and treatment with their baby.
Talking therapies - survivors of sexual assault	Based in Maidstone, this collaborative (Mountain Health Care, KMPT, Family Matters and East Kent Rape Line) community sexual assault referral centre (SARC) offers a stepped approached model of psychological care to survivors of sexual assault in Medway and Kent.