

HEALTH AND WELLBEING BOARD

5 NOVEMBER 2019

CARE QUALITY COMMISSION (CQC) SELF ASSESSMENT

Report from/ author: James Williams, Director of Public Health

Summary

The Care Quality Commission (CQC) is inviting Health and Wellbeing Boards in England to self-assess and tell them whether each respective local system to support children and young people with mental health problems matches the recommendations made in their 'Are we listening?' report.

Appendix 1 to the report sets out the proposed submission for consideration by the Health and Wellbeing Board.

1. Budget and Policy Framework

1.1 The Joint Health and Wellbeing Strategy for Medway sets five strategic themes. Theme 3 is to give every child a good start and theme 4 is to improve physical and mental health and wellbeing.

2. Background

2.1 The Care Quality Commission (CQC) is inviting Health and Wellbeing Boards in England to self-assess and tell them whether each respective local system to support children and young people with mental health problems matches the recommendations made in their 'Are we listening?' report.

2.2 The report, published in March 2018, was the culmination of a review of children and young people's mental health services commissioned by the Prime Minister in January 2017. It included recommendations for national, regional and local action.

2.3 Attached at Appendix 1 to the report is the proposed submission for consideration by the Health and Wellbeing Board.

2.4 The deadline for submission was 31 October 2019, however the CQC have agreed an extension to enable the Board to consider its response.

2.5 The CQC will be publishing this self-assessment on their website and following analysis of the responses, the CQC will publish a report in March 2020 highlighting progress on implementation of the recommendations nation-wide

3. Advice and analysis

- 3.1 The Public Health team have undertaken a rapid assessment of a number of partners involved in the commissioning and delivery of mental health services for children and young people. Consultation was undertaken with partners from the: Youth Justice System; Medway Clinical Commissioning Group (CCG); a number of Medway Council Divisions involved in providing services and support to children; and NELFT the provider of children's mental health services in Medway. All partners were invited to self-assess following the criteria set out in the CQC questionnaire.
- 3.2 The responses to the questionnaire have been captured and analysed. The findings are set out in Appendix 1. Respondents were asked to what extent services provided to Medway children met the recommendations from; 'Are we listening? A review of children and young people's mental health services'.

The responses to the questionnaire are as follows:

Yes always: 29%

Yes sometimes: 27%

No never: 6%

*Don't know: 14%

N/A: 24%

***This may reflect a lack of knowledge in relation to the Are we listening report, as opposed to whether services are not meeting the needs of local children)**

- 3.3 It should be noted there is currently a comprehensive review of the outcomes associated with delivery of services provided to children in Kent and Medway underway. This work is taking place as part of the transformation of Health and Social Care services. It includes the development of a specific children's 'outcomes' framework. This framework aims to ensure children are placed at the centre of commissioning decisions and deficits in service delivery are addressed. This work is being overseen by a Children's Sustainability and Transformation Partnership (STP) Committee for Kent and Medway. This committee, which has full representation from Medway Council officers, has been formed to address the specific strategic issues affecting children in Kent and Medway. Improving the quality of mental health services is one of the committee's priority areas.
- 3.4 The development of the children's outcomes framework for Kent and Medway should help to improve communication and a focus on delivering outcomes for children. This will help to increase local understanding of the impact that services are having on delivering better outcomes for local children.

4. Risk implications

- 4.1 There are no specific risk implications connected with this report.

5. Financial and legal implications

- 5.1 There are no specific financial or legal implications arising from this report.

6. Recommendations

- 6.1 The Health and Wellbeing Board is asked to consider the proposed response to the CQC self-assessment set out at Appendix 1 to the report and agree to delegate authority to the Director of Public Health in consultation with the Chairman of the Health and Wellbeing Board to finalise and submit the response on behalf of the Health and Wellbeing Board.

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Appendices

Appendix 1 – Questionnaire and analysis

Background papers

Are we listening? A review of children and young people's mental health services
<https://www.cqc.org.uk/publications/themed-work/are-we-listening-review-children-young-peoples-mental-health-services>