

## HEALTH AND WELLBEING BOARD

5 NOVEMBER 2019

### KENT AND MEDWAY FIVE YEAR PLAN

Report from/ author: Lisa Keslake, Programme Director – Long Term Plan

#### Summary

The NHS Long Term Plan, published in January, sets out the future of healthcare over the next 10 years. To respond to this, the local area is required by NHS England to prepare and implement a local plan to cover the next five years.

The draft five year plan set out within the Exempt Appendix for discussion by the Health and Wellbeing Board.

#### 1. Budget and Policy Framework

- 1.1 The NHS Long Term Plan implementation framework published by NHS England/Improvement specifically requests that Kent and Medway response to the Long Term Plan is discussed with Health and Wellbeing Boards. However, guidance also states that plans cannot be published until approved by NHS England.

#### 2. Background

- 2.1 The NHS Long Term Plan, published in January, sets out the future of healthcare over the next 10 years.
- 2.2 The NHS Long Term Plan has three core aims, which are to:
- Make sure everyone gets the best start in life
  - Deliver world-class care for major health problems
  - Support people to age well.
- 2.3 The Plan sets out the vision for how care needs to change and the priority areas. Areas of focus include:
- giving everyone the best start in life through better maternity services and joining up services from birth to age 25, particularly improving care for children with long-term conditions like asthma, epilepsy and diabetes with better mental health support in schools and colleges.

- faster and better diagnosis, treatment and care for the most common killers, including cancer, heart disease, stroke and lung disease, improving survival rates.
- supporting families and individuals with mental health problems, making it easier to access talking therapies and transforming how the NHS responds to people experiencing a mental health crisis.
- faster and appropriate care in the community and in care homes to prevent avoidable admissions for frail and older people.

2.4 To respond to the ambitions of the NHS Long Term Plan, the local area is required by NHS England to prepare and implement a local plan to cover the next five years. The deadline for submission is 1 November 2019. This has been extended to enable Medway and Kent's Health and Wellbeing Boards respectively to discuss the plan.

2.5 As the plan has not yet been approved by NHS England in order to facilitate timely discussion with Board Members, the plan is set out in the Exempt Appendix.

### **3. Advice and analysis**

3.1 The Kent and Medway response to the Long Term Plan has been developed in partnership with colleagues from Kent County Council and Medway Council, as well as with all the NHS organisations across Kent and Medway, reflecting our commitment to joined up health and social care. We will learn from and build on the work of the Kent and Medway Sustainability and Transformation Partnership from the past three years. We can only deliver all of the LTP requirements by closer integration with local authorities. This is particularly evident in areas such as children and young people, learning disabilities and autism, and our out-of-hospital care model – 'local care'. We endeavour to embed prevention in all clinical and care pathways; taking a 21<sup>st</sup> century approach to prevention. We are developing strong and vibrant communities where we are supporting people to live their best lives. This requires us to look beyond statutory services to the role of society, communities and individuals.

3.2 The response has been clinically led. All clinical areas of the plan are being developed by clinicians and health and care professionals. Our plan has been developed with input from various clinical forums (for example Cancer Strategy Delivery Board and the Sustainability and Transformation Partnership (STP) Clinical and Professional Board who have provided continued review of the draft plan content at its August, September and October meetings).

3.3 Some headlines from our draft plan include: Over the five years we will:

- Embed and integrate prevention in everything we do, reducing smoking to an all-time low and tackle the underlying causes of obesity and alcohol abuse;
- Develop new ways of working through primary care networks, so patients and communities have more ways to access the right care when they need it, saving lives of people with key illnesses and diseases;

- Ensure that people with complex needs have access to joined up integrated teams of professionals across primary care, community care and mental health;
- Increase the amount of people who benefit from social prescribing opportunities to support people's health and wellbeing;
- Significantly improve cancer survival, with earlier diagnosis, better treatment and more support for survivors;
- Support people across Kent and Medway to have good habits for looking after their emotional and mental wellbeing, as a normal part of healthy life;
- Make sure anyone attending A&E or hospital who is suspected of having a mental illness is seen by a mental health practitioner within an hour;
- Expand access to 'talking therapies' for people who experience anxiety and depression;
- Give every patient online access to their full primary care record, including the ability to add their own information, access online correspondence, and be supported by improved websites;
- Improve services for children and young people, particularly for children with special educational needs, so every child has the best start in life;
- Improve the coverage and uptake of bowel and cervical cancer screening to detect and treat more cancers at an earlier stage.

#### **4. Risk management**

- 4.1 The five year plan will be underpinned by individual operating plans to ensure the delivery of the main aims. The operational risks to delivery will be managed through the relevant CCGs' risk management processes. In Medway, these are reported through the CCG's Commissioning Committee which is responsible for the assurance on the delivery of the operating plan.

#### **5. Consultation**

- 5.1 Highlights of our engagement activities include:

##### 5.1.1 Patients and the public

- Four public-facing events in September – one in each integrated care partnership' area – to explore responses to priority areas;
- Kent and Medway Patient and Public Advisory Group and GP surgeries' Patient Participation Group meetings and patient liaison meetings across Kent and Medway;
- Surveys – children's services, cancer, Integrated Care System, single CCG;
- Engaged Kent commissioned to undertake targeted engagement with seldom-heard communities and groups across Kent and Medway;
- Workstream engagement underway to inform development of specific priorities;
- Further development of core materials (slide deck, script, Q&A etc.) to support engagement;
- Public meetings such as AGMs, boards;

### 5.1.2 Staff and Professionals

- Away day for CCG and STP staff to bring them up to speed with and discuss progress;
- Further development of core materials to support engagement – to be circulated to all comms leads for internal communications use;
- Meetings and briefings with leadership from across Kent and Medway;
- Clinical directors conference – for Primary Care Network leaders;
- Patient Participation Group chairs and GP practice managers' sessions;
- Ongoing communications and engagement work with unions and staff side organisations and reps;

### 5.1.3 An ongoing programme of communication and engagement with a wide range of stakeholders including:

- Healthwatch – volunteer meetings and sessions and business as usual activities;
- NHS Chairs and Non-Exec Directors briefing event – October 2019;
- Regular updates to HOSC/HASC and HWBs across Kent and Medway;
- Meetings and briefings with MPs, elected members and officers, with Westminster briefing.

5.2 Engaging members of the public including patients as well as NHS staff to understand their views on priority areas was instrumental to the development of the draft plan.

5.3 Four separate evening events were held in September 2019 across Kent and Medway. The topics for discussion included:

- Prevention – tackling the causes of ill health such as smoking, obesity and alcohol
- Digital – making the most of technology
- Cancer – faster and better diagnosis and improved treatment and care
- Local and primary care
- Children's services
- Mental health

5.4 Engagement with stakeholders across Kent and Medway will continue beyond the publication of the plan.

5.5 The five year plan will be presented to the Health and Adult Social Care Overview and Scrutiny Committee on 12 December 2019.

## **6. Financial and legal implications**

6.1 There are no direct legal or financial implication to the Council arising from this report.

## **7. Recommendation**

7.1 The Health and Wellbeing Board is asked to consider and comment on the plan set out within the Exempt Appendix.

**Lead officer contact**

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**Appendices**

Exempt Appendix – Draft five year plan **(to follow)**

**Background Papers**

None