







Council Priority: Supporting Medway's people to realise their potential

HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE

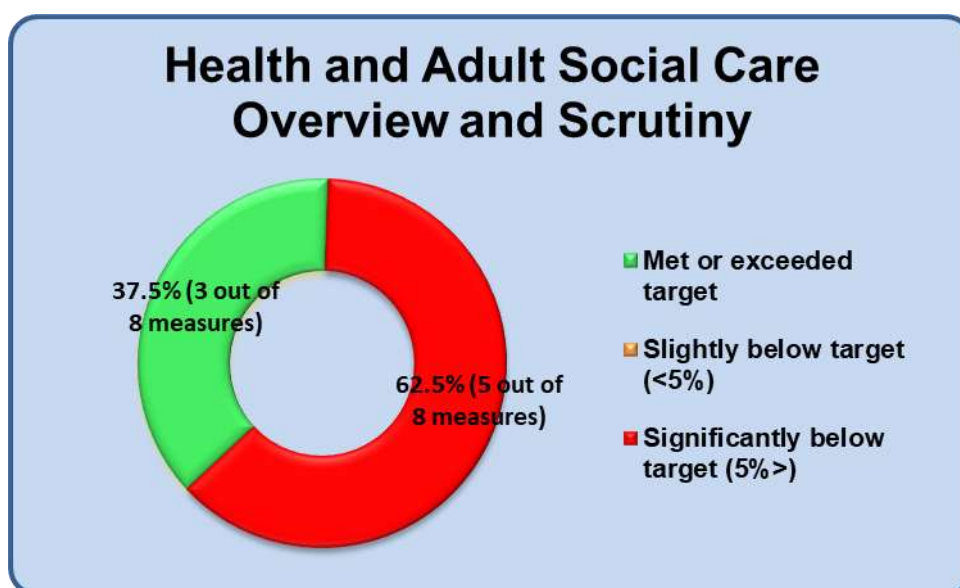
Performance: Quarter 1 2019/20

Key

 Significantly below target (>5%)	 Slightly below target (<5%)	 met or exceeded target	
 improved	 worsened	= static	
 data only, no target	N/A – data not available	Short trend – since last quarter	Long trend – average over last 4 quarters
Benchmarking – compares favourably with national performance or standards	<input type="checkbox"/> Yes compares favourably	* No does not compare favourably	= similar performance

Council Plan Measures: Summary Performance

There are 9 Council Plan measures for this priority. We are reporting on 8 as data for 1 measure is not available this quarter.



Improved performance

- 29% (2 out of 7*) improved long term (average of previous 4 quarters)
- 43% (3 out of 7*) improved short term (since last quarter)

*where data available

Highlights

- Health visiting performance continues to improve

Measures in target (green)

Code	Status	Name	Long trend	Short trend
PH26		Healthy Settings programme	N/A	N/A
PH10		Percentage of people completing an adult weight management service who have reduced their cardiovascular risk		
ASCOF 2Cii		Delayed transfers of care from hospital and those which are attributable to adult social care, per 100,000 population		

Measures significantly below target (red)

Code	Status	name	Long trend	Short trend
ASCGBT001		% of Long term packages that are placements		
ASCOF 1C(2i)		Percentage of clients receiving a direct payment for their social care service		
ASCOF 1G (n)		Proportion of adults with a primary support reason of learning disability support who live in their own home or with their family		
ASCOF 1H		Proportion of adults in contact with secondary mental health services who live independently, with or without support		
ASCOF 2A(2)		Permanent admissions to care homes, per 100,000 pop – 65+		

Measures not available this quarter

Code	Status	name	Long trend	Short trend
ASCOF 2A(1)	N/A	Permanent admissions to care homes per 100,000 pop – 18-64	N/A	N/A

Strategic Risks

The Quarter 1 review of the Strategic Risk Register is attached at Appendix 2. The register shows all strategic risks together with mitigation in place to minimise impact and likelihood. The risk pertaining solely to this Council priority are shown below (full details in Appendix 2).

Reference	Risk Register Page (app 2)	Risk	Owner	Current residual risk score	Definition (current score) (L-likelihood) (I-impact)
SR25	3	Adult social care transformation	Director of C&A	CII	L - significant I - critical




The following risks pertain to all priorities:

Reference	Risk Register Page (app 2)	Risk	Owner	Current residual risk score	Definition (current score) (L-likelihood) (I-impact)
SR02	7	Business continuity and emergency planning	Director of RCET	DII	L - low I - critical
SRO3B	9	Finances	Chief Finance Officer	AI	L – very high I - catastrophic
SR21	11	Procurement savings – capacity and delivery	Chief Legal Officer	CII	L - significant I - critical
SR32	13	Data and information	Chief Legal Officer	CII	L - significant I - critical
SR33	15	Impact of welfare reform	Chief Finance Officer	DII	L - low I - critical
SR34	19	Successful delivery of the corporate transformation programme	AD Transformation	CII	L - significant I - critical
SR36	27	Alternative service delivery models	AD Transformation, Chief Legal Officer, Director of RCET	BIII	L - high I - Marginal
SR37	30	Cyber Security	AD Transformation	CI	L - Significant I - Catastrophic


Council Plan Outcome: Healthy and active communities

Programme: Improving everyone’s health and reducing inequalities

Council Plan Measures: Performance

PH10		Percentage of people completing an adult weight management service who have reduced their cardiovascular risk					Aim to Maximise
	Value		Value	Target	Status	Long Trend	Short Trend
Q4 2018/19	75.4%	Q1 2019/20	79.9%	75.0%			

This indicator provides a headline overview of the number of adults completing a weight management programme who have decreased their Cardiovascular risk. 369 of the 402 who completed either the Tipping the Balance or Exercise referral programmes reduced these risks which are measured by a reduction either blood pressure, reduction in cholesterol levels, increased physical activity and reductions in weight.




PH26		Healthy Settings programme						Aim to Maximise			
Quarterly								Annual			
	Value		Value	Target	Status	Long Trend	Short Trend		Value	Target	Status
Q4 2018/19	N/A	Q1 2019/20	5	3		N/A	N/A	2018/19	N/A	N/A	N/A

Four unique organisations have been awarded gold status in the Medway Healthy workplaces programme, a further organisation has also graduated at silver level. Four organisations were also assessed at bronze during this quarter but their data is not counted until they graduate to silver gold or platinum.

Council Plan Outcome: Older and disabled people living independently in their homes

Programme: Improve support for vulnerable adults by working with partners and communities

Council Plan Measures: Performance




ASCGBT001		% of Long term packages that are placements						Aim to Minimise	
	Value		Value	Target	Status	Long Trend	Short Trend		
Q4 2018/19	30%	Q1 2019/20	31%	28%					

The proportion of long term services that are placements has risen to 31%, missing the target and reversing the positive long term trend. There has been little change in the rate over the last 12 months, with Q1 being 1 percentage point above than the same time last year. At the end of the quarter the number of clients receiving long term services was 2761. This is 100 or 4% up on the number at the end of Q1 last year. The number of clients in Residential or Nursing placements has risen to 847, up 38 (5%) on the number of placements open at the end of Q1 2018.

There is no benchmarking data for this measure.

The service has seen an increasing number of placements to nursing care, 17% in the last 12 months, which reflects the demographic changes, particularly in relation to an ageing population and an increasing complexity of need. It is expected that the number of residents aged 85 and

over will have risen by 85% between 2015 and 2030. The numbers of clients aged 85 and over with dementia is expected to double in the next 20 years. Better healthcare and support has meant that life expectancy of people with learning disabilities continues to improve, with a growth of nearly 500 older people (65+) with learning disabilities in Medway projected between 2017 and 2035. This will add pressure to the demand for placements.

ASCOF 1C(2i)		Percentage of clients receiving a direct payment for their social care service				Aim to Maximise	
	Value		Value	Target	Status	Long Trend	Short Trend
Q4 2018/19	28.5%	Q1 2019/20	27.5%	32%			

Comments

The percentage of clients receiving a direct payment has fallen to 27.5%. This represents 527 clients with an ongoing Direct Payment, as a percentage of those with an ongoing service. This is 40 fewer than in June 2018 and the same as the number at the end of Q4. The increase in the number of clients with a long term service, at the end of June 2019, compared to June 2018 and to March 2019 has seen the proportion of those receiving a Direct Payment fall.




Benchmarking

99% of our long term community services are already delivered via a personal budget, which is higher than the 89.7% national figure (2017-18).

Medway is now below latest (2017-18) national performance of 28.5% and the statistical neighbour outturn of 30%, in regards of Direct Payments.

Actions

A project to develop community alternatives to traditional services is underway, which will also consider the potential use of Individual Support Funds as a way to grow the use of Direct Payments. Placement brokerage arrangements are also being reviewed with a view to aligning services more closely to the Self Directed Support team, in order to maximise the use of Direct Payments.

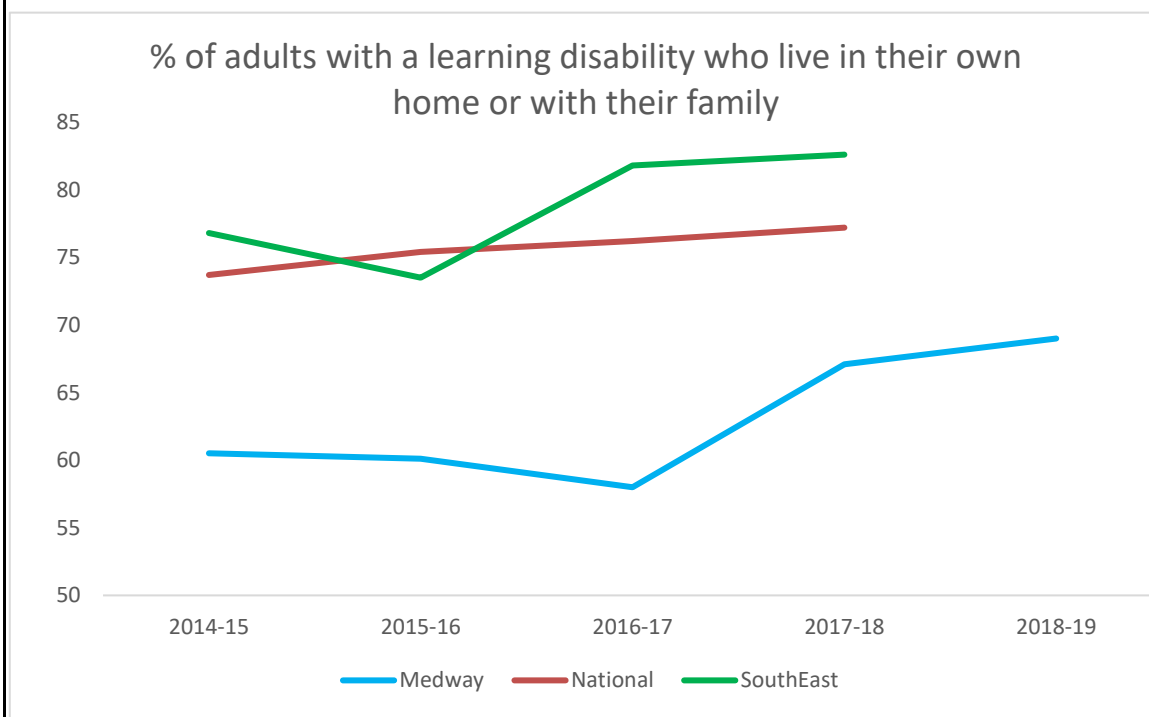
ASCOF 1G (n)		% of adults with a learning disability who live in their own home or with their family				Aim to Maximise	
	Value		Value	Target	Status	Long Trend	Short Trend
Q4 2018/19	69%	Q1 2018/19	60%	75%			

The Q4/year end figure is calculated as part of the annual statutory return to a more detailed and considerably lengthier process. This becomes the published full year figure for the LA. At 69% Medway has improved on the 17/18-year end figure of 67%. This continues the long-term improvement in this measure.

It is important to note that the remaining 31% are clients that have not had a review recorded in the last 12 months rather than clients who are not safe. Medway remains behind the national (2017/18) performance of 77% and the statistical neighbour benchmark of 83%.

Work continues to ensure that accommodation status is recorded accurately and that reviews have taken place as well as taking appropriate action when necessary to ensure that Learning Disabled clients are supported to be in settled accommodation, where possible.




The main focus of work to improve performance on this measure is to focus on young people transitioning to adult services, as this is the best way of maximising the number of adults with learning disabilities being supported to live in the community rather than in residential care. A transitions panel has been established to review care and support plans at an earlier stage, transitions workers have been employed in adult services to work with young people earlier as they transition, and the Assistant Director for Adult Social Care is leading a task group, focusing on transition arrangements, with a focus on maximising independence. This work is expected to continue the steady improvements we have seen in performance against this measure in recent years.



ASCOF 1H		Proportion of adults in contact with secondary mental health services in settled accommodation					Aim to Maximise	
	Value		Value	Target	Status	Long Trend	Short Trend	
Q3 2018/19	63%	Q4 2018/19	61%	70%				

Data is published, via NHS digital to March 2019. The percentage of mental health clients living independently has reduced, to 61%. This represents 262 individuals. Whilst this is a drop on the 63 % in Q3 (275 individuals) it is still a better rate than the national benchmark of 59%.

It should be noted that the Council does not have detailed data on the cohort of adults in contact with secondary mental health services, as these services are provided by KMPT, and has limited ability to influence this result.




ASCOF 2A(1)		Permanent admissions to care homes per 100,000 pop – 18-64					Aim to Minimise	
	Value		Value	Target	Status	Long Trend	Short Trend	
Q4 2018/19	7.1	Q1 2019/20	X	3.25				

Comments

There have been between 0 and 5 admissions recorded in this age group so far for Q1. This means that the actual number needs to be withheld to prevent identification. Currently the number of admissions is below the target of 3.25 per 100,000 per quarter. The full year target is 13 admissions per 100,000 which equates to 22 individuals. Based on the number of admissions of younger adults in Q1 of previous years we could expect between 7 and 10 admissions, once recording has caught up. This would translate to between 4.1 and 5.9 admissions per 100,000 population. Indicating that admissions in this age groups are high.

Benchmarking

Nationally the benchmark is 14 per 100,000 and for our statistical neighbours the figure is 13.6.

ASCOF 2A(2)		Permanent admissions to care homes, per 100,000 pop – 65+					Aim to Minimise	
	Value		Value	Target	Status	Long Trend	Short Trend	
Q4 2018/19	158.3	Q1 2019/20	156.1	145				

Comments

So far for Quarter 1 there has been 69 permanent admissions in the older people category. This gives a rate of 156.1 per 100,000 population. This is above the quarterly target of 145 per 100k. It is usual for this figure to increase as placements are recorded after the close of the quarter. This would suggest that the numbers of admission are high, as in previous years the revised (post quarter close) number of admissions has been between 60 and 75.




Benchmarking

The National rate of admissions is 585.6, very close to Medway's projected year end figure. Medway is likely to be below its statistical neighbours who currently admit 618.1 people per 100,000 population.

Actions

The Principle Social Worker has been tasked to review placements and identify areas of pressure and change within the cohort. Recommendations will follow. There has been a noticeable increase in nursing placements over the last 12 months. These have risen by 17%, 35 residents. The pressure created by demographic changes, including an increase in the numbers

of residents aged 85 and over, an increase in the number of these clients with dementia and a growth in the number learning disabled clients aged over 65 will be seen in this measure.

ASCOF 2Cii		Delayed transfers of care from hospital which are attributable to adult social care per 100,000 population					Aim to Minimise	
	Value		Value	Target	Status	Long Trend	Short Trend	
Q4 2018/19	1.8	Q1 2019/20	2.0	4.1				

The rate of DToC attributable to Adult Social care has risen since March. This has been alongside a, sharper, increase in the total rate of DToC attributable to both the Health Service and Medway ASC, which has risen from 4.4 to 5.7.

Recent data from the Local Government Association showed Medway to be the best performing LA in the South East.

A drop in the DToC rate was seen between March and April, however since April there has been a steady rise. Issues in moving clients from hospital to nursing and residential homes have impacted on Medway's performance. Times have more than doubled, from 73 days to 164 days for nursing homes and from 36 days to 63 days for residential homes. However our rate of increase is still favourable to the national picture.

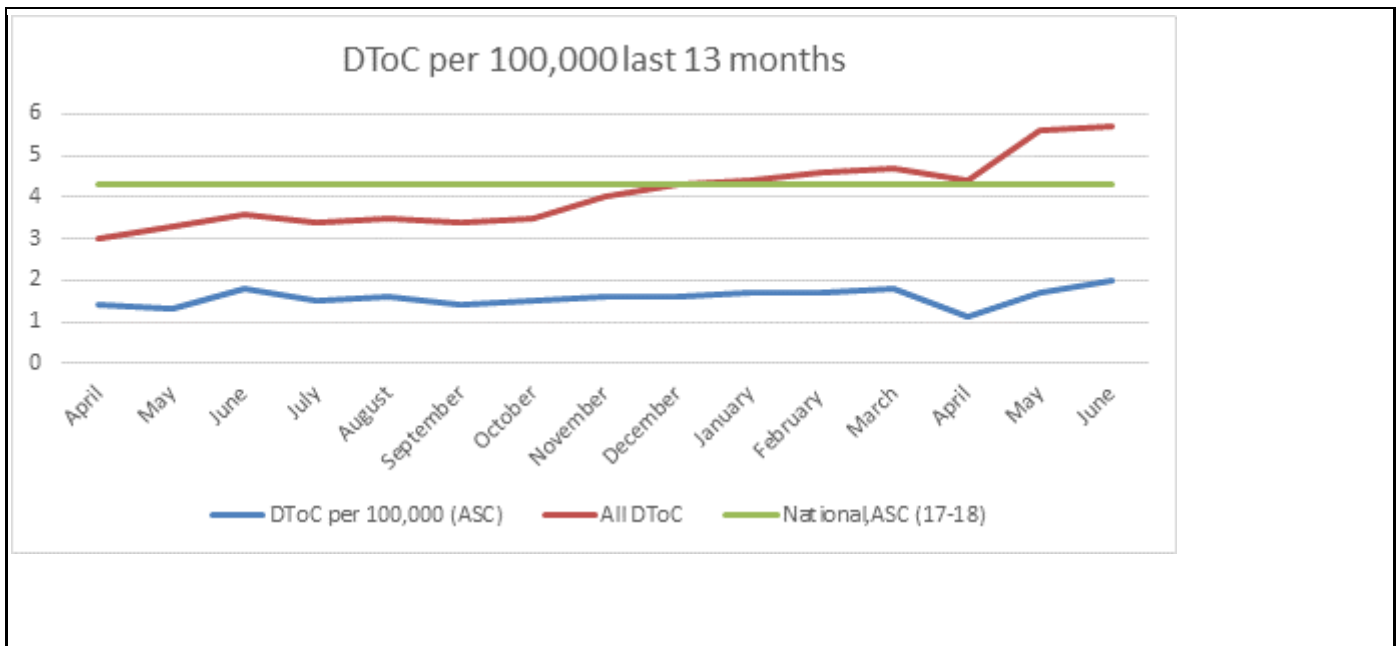
Recent data from the Local Government Association showed Medway to be the best performing LA in the South East.

Medway Council has been working with partners at Medway Maritime Hospital and Medway Clinical Commissioning Group (CCG) to reduce the delays and other local authorities are using Medway as an example.

The Council has jointly commissioned the Home First service with Medway CCG to reduce the number of people who stay in hospital when they could continue treatment, or recover, at home with help from services in the community.

Home First supports people who are being discharged to ensure they can be as independent as possible in their own homes.

There is also an integrated discharge service to ensure that partners work together so when someone is discharged appropriate support has been arranged for them.



Men in Sheds

- The Men in Sheds programme delivered 65 sessions in the previous quarter (with 213 members). Sessions included a peer led men's health session, fabrication, guitar sessions and green living sessions.
- 60% of attendees were assessed as having low wellbeing before attending a shed, which had reduced to 35% following a shed.
- Qualitative case studies demonstrate the shed is supporting men to become less isolated, learn new skills, improve their mental wellbeing and supporting them to feel a sense of purpose in life.

Social Isolation Task Group

An action plan to deliver the recommendations of the Social Isolation Task Group has been developed. Progress in this quarter includes:

- New social media campaign to tackle loneliness in Medway launched in June (loneliness awareness week). Positive media reach and coverage including Kent radio.
- 30 social isolation leads from Directorates across the Council have attended social isolation training this quarter. The training supports Directorates to identify those who may be isolated, talk to them and know where to signpost them for support.
- Medway's social isolation network met twice this quarter. Meetings have good partner engagement with consistently 15+ attendees.
- A review of the Staying Connected guide commenced this quarter and will report findings in July.