








COUNCIL PRIORITY: SUPPORTING MEDWAY'S PEOPLE TO REALISE THEIR POTENTIAL.

HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY MEETING

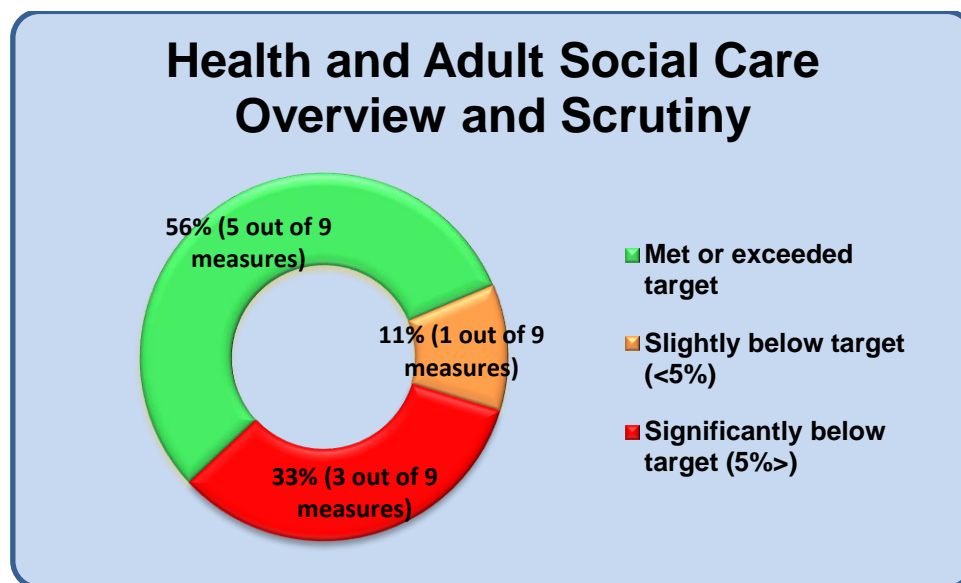
Performance: Quarter 1 2018/19

Key

 significantly below target (>5%)	 slightly below target (<5%)	 met or exceeded target	
 improved	 worsened	 static	
 data only, no target	N/A – data not available	Short trend – since last quarter	Long trend – average over last 4 quarters
Benchmarking – compares favourably with national performance or standards	✓ Yes compares favourably	✗ No does not compare favourably	= similar performance

Council Plan measures: summary performance

There are 10 measures of success which fall under the remit of this Committee. We are reporting on 9 as data for 1 measure is not expected until after this report is published.


















Improved performance

- 66.6% (6 out of 9) improved long term (average of previous 4 quarters)
- 55.5% (5 out of 9) improved short term (since last quarter)




Highlights

- 440 adults completed adult weight management programme and reduced cardiovascular risk
- 110 Healthy (workplace) settings achieved (already doubled annual target of 50)
- Joint Targeted Area Inspection (Domestic Abuse) completed
- 184 members benefitting from the Men in Sheds programme








Measures in target (green)

Code	Status	Name	Long trend	Short trend
PH10		Percentage of people completing an adult weight management service who have reduced their cardiovascular risk		
PH22		Healthy Settings programme		
ASCGBT 001		% of Long term packages that are placements		
ASCOF 2A(2)		Permanent admissions to care homes, per 100,000 pop – 65+		
ASCOF 2Cii		Delayed transfers of care from hospital which are attributable to adult social care per 100,000 population		

Measures slightly below target (amber)

Code	status	Name	Long trend	Short trend
ASCOF 1C(2i)		Percentage of clients receiving a direct payment for their social care service		

Measures significantly below target (red)

Code	Status	name	Long trend	Short trend
ASCOF 1G (n)		% of adults with learning difficulties in settled accommodation		
ASCOF 1H		Proportion of adults in contact with secondary mental health services in settled accommodation	static	
ASCOF 2A(1)		Permanent admissions to care homes per 100,000 pop – 18-64		static

Data Not available

ASCOF 3B		ASCOF 3B Overall satisfaction of carers with social services	N/A	N/A
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Benchmarking/Achieve National Standards

	Council Plan Measure – Compares favourably with national performance?	Yes ✓ No ✗ Same =
ASCOF 1C(2i)	Percentage of clients receiving a direct payment for their social care service	✓
ASCOF 1H	Proportion of adults in contact with secondary mental health services in settled accommodation	✓
ASCOF 2Cii	Delayed transfers of care from hospital which are attributable to adult social care per 100,000 population	✓
ASCOF 1G (n)	% of adults with learning difficulties in settled accommodation	✗

Council Plan Outcome: Healthy and active communities

Programme: Improving everyone's health and reducing inequalities

Council Plan measures: performance

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
PH10	Percentage of people completing an adult weight management service who have reduced their cardiovascular risk		77%	75.2%	75%			

Comments

Data reflects a reduction in Cardiovascular risk in 440 clients out of a total of 680. This has occurred due to these clients increasing physical activity, losing weight, reducing their blood pressure and cholesterol levels which have enabled an improvement in their cardiovascular health.

This has been achieved by attending the Weight Management or Exercise Referral programmes.





Actions

Medway Council continues to play a lead role in tackling obesity. Actions include providing weight management services, promoting healthy lifestyle campaigns, providing sport and physical activity opportunities, working with planning and infrastructure colleagues to create a healthy environment and much more.

The next Medway Healthy Weight network event has been set for 25 September. This is a well-attended public, private, voluntary and academic sector partnership event, coordinated by the Public Health team and chaired by Councillor David Brake.

The purpose of this annual event is to hear about recent progress on tackling obesity in Medway, allow partners to network to support closer working relations and agree future actions.

With the national Childhood Obesity Plan being revised in the last quarter and stating a national ambition to halve childhood obesity rates by 2030, wider partner action is needed more than ever.

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
PH22	Healthy Settings programme		100	110	10			

Actions

Quarter one has seen the pilot phase of the Medway Workplace Health Programme initiated. Existing and a selection of new businesses have begun to test its design and feasibility.





A broad programme launch is planned for Q2 coinciding with the Medway Chamber of Commerce Businesses to Business event of which Medway Council is a primary event sponsor.

To date, 6 businesses have been accredited an award Bronze or higher.

Council Plan Outcome: Older and disabled people living independently in their homes

Programme: Improve support for vulnerable adults by working with partners and communities





Council Plan measures: performance

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCGBT001	% of Long term packages that are placements		31.4%	28.6%	28%			

Comments

During quarter 1 there has been a slow but steady decline in the proportion of long term packages that are placements. This has been driven by an 8% increase in the number of long term services between March and June (220 packages) and a 1.5% drop in the numbers of clients in residential or nursing care (12 people).

This is consistent with the strategic drive to maintain people in their own homes for longer.

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCOF1C(2i)	Percentage of clients receiving a direct payment for their social care service		28.8%	30.6%	32%			

Comments

Direct payments are the preferred method of delivering non-residential services to clients.

The number of clients receiving an ongoing direct payment increased in Q1, from 515 client at the end of March to almost 570 (30.6%) at the end of June.

For Q1 the proportion has been constantly above 30%.





Benchmarking/Achieve National Standards

99% of our long term community services are already delivered via a personal budget, which is higher than the 89.4% national figure.

Currently 30.6% of clients receiving a long term service do so via a direct payment, against a target of 32% and the 2016/17 national result of 28.3% and our statistical neighbours of 28.6%.

Actions

Work continues on the pre-payment cards with training commencing in August for a prospective September roll out. All new Direct Payments (DP) will be created using the cards and all existing DPs will be transferred as the clients' annual reviews take place, this is expected to take around 18 months.

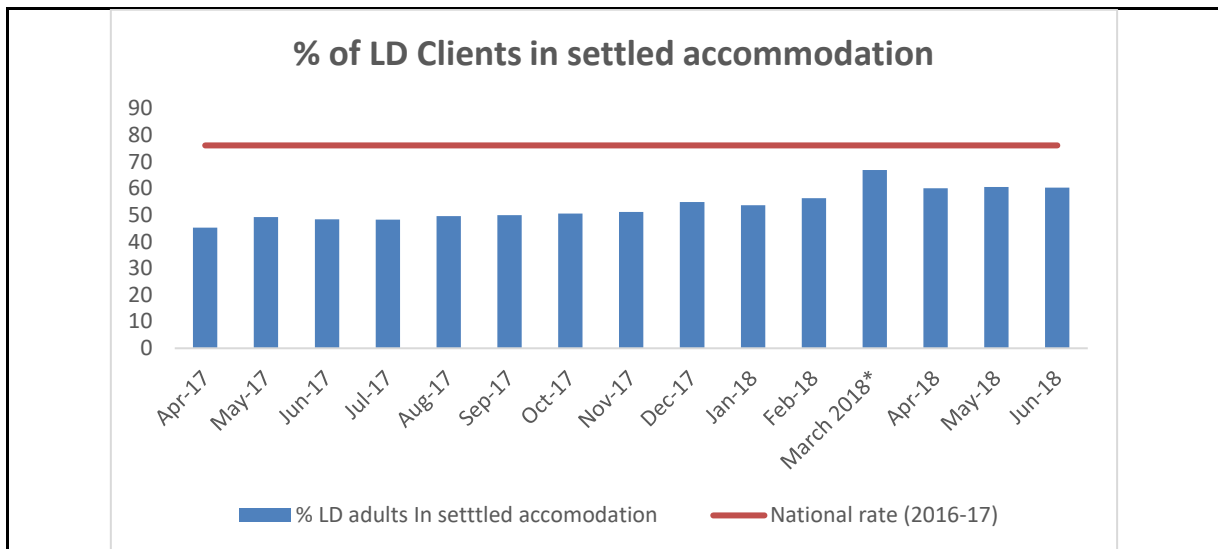
Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCOF 1G (n)	% adults with learning difficulties in settled accommodation		67.5%	60.4%	75%			

Comments

This measure tracks those clients who have had a review in the last 12 months whose accommodation status has been confirmed. Currently this stands at 60% and does not necessarily mean that 40% of our LD community are not safe and in settled accommodation.

Benchmarking/Achieve National Standards

Compared to 2016-17 Q1 the number of LD clients (with a review in the last 12 months) in settled accommodation has risen by 25% (12pp) to 60.4%. This is a result of a greater focus on reviews by the service. The national rate for 2016/17 was 76.2% and our statistical neighbours being 81.8%.



Actions

The reintroduction of a dedicated review team has driven the steady increase in performance and will continue to do so.

The Business & Intelligence team have set up a suite of performance measures that it presents to Adult Social Care (ASC) Practice managers on a monthly basis. This KPI is one that features and gives the teams an insight to overdue and reviews that are due in the coming months.

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCOF 1H	Proportion of adults in contact with secondary mental health services in settled accommodation	+	63.0%	63.0% Q4 2017/18	70%	⬇️ Q4 2017/18	static Q4 2017/18	⬇️ Q4 2017/18

Comments




Current data via NHS digital is to March 2018. At the end of March 63% of adults in contact with secondary mental health services were in settled accommodation. This equates to 335 people.

Benchmarking/Achieve National Standards

Whilst we are below what is a stretching target, we are above the national rate, of 59% and very similar to the outturn for Kent, 64%).

Action

The service has been in discussion with KMPT, who report on the data for this measure. Due to these discussions it has become apparent the KMPT had a misunderstanding of the measure and are taking action to rectify the data collection and formulate steps to improve performance.

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCOF 2A(1)	Permanent admissions to care homes per 100,000 pop – 18-64		3.5	3.5	2.75			static

Comments

A positive result has been achieved by increasing the amount of non-residential long term support packages (8%) and decreasing the numbers of residents in care homes (-1.5%). This is in line with the strategic aim of maintaining people in their own homes for longer.

Although the number of 18-64 year olds placed in residential and nursing care is higher than our target at this point in the year.

Benchmarking/Achieve National Standards

Currently 28.6% of long term clients are in residential or nursing placements. This compares favourably with the 32% at the same time last year.





In the first 3 months of this year 6 clients in the age group of 18-64 have been placed, giving a rate of 3.5 per 100,000 population. Projecting this rate forward for the whole year would result in a rate of 13.9 per or 24 clients. This would be above the target rate of 11 or 19 clients and the latest (2016-17) national rate of 12.8.

Actions

The Service is monitoring placement activity, and has also just commenced a project to expand the number of shared lives placements, as an alternative to residential and nursing care for working age adults with disabilities. This service provides accommodation and support to adults with primarily a learning disability and/or autism within a family home.

The placements can be long term, providing a home for life, or short/medium term which supports the acquisition of life and social skills to enable a move into independence.

We are also working with providers to develop more local supported living provision as an alternative to residential and nursing care.

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCOF 2A(2)	Permanent admissions to care homes, per 100,000 pop – 65+		172	82.6	150			

Comments

As mentioned above a positive result has been achieved by increasing the amount of non-residential long term support packages (8%) and decreasing the numbers of residents in care homes (-1.5%). Provisional data would suggest In contrast, the numbers and rate of 65+ clients being admitted to care homes in Q1 is low at 82.6 per 100,000 or 36 admissions but may be subject to rise as placements are retrospectively authorised.

Benchmarking/Achieve National Standards

On average, last year, there were 22 admissions a month which means we can expect c. 30 more for Q1, as long as the rate stays under 150 per 100,000 the target will be hit.

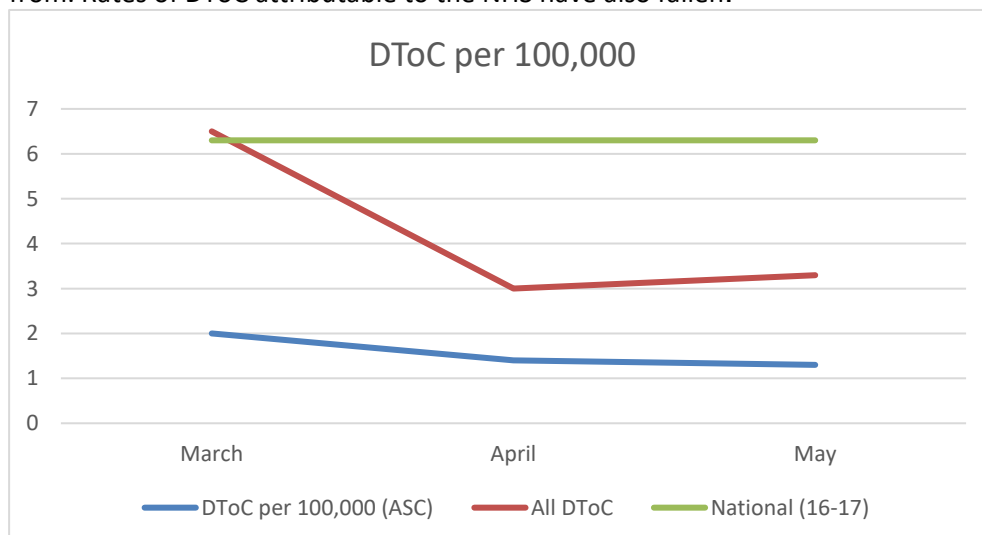
Our target run rate of 600 per 100,000 population allows for 261 admissions for the year. Should our run rate continue in the same as last year, we could reasonably expect to hit rate of 596, against a national rate of 610.7 and a statistical neighbour rate of 694.2 for 2016/17.

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCOF 2Cii	Delayed transfers of care from hospital which are attributable to adult social care per 100,000 population	⊖	2	1.4	4	✓	↑	↑

Comments

Latest Data is to May 2018.


Rates of Delayed Transfers of Care (DToC) attributable to Adult Social Care remain low and continue to fall. Medway has been identified as an authority that other local authorities can learn from. Rates of DToC attributable to the NHS have also fallen.



Benchmarking/Achieve National Standards

The latest DToC rate, attributable to ASC, for Medway is 1.4 per 100k population, this is a 12 month low and lower than the latest published national rate of 6.3.

The rate of delayed transfers attributable to all agencies also fell in April, from 6.5 in March to 3 per 100k population.

Code	Short Name	Success is	Q4 2017/18	Q1 2018/19				
			Value	Value	Target	Status	Long Trend	Short Trend
ASCOF 3B	ASCOF 3B Overall satisfaction of carers with social services		Not measured for Quarters	N/A	N/A	N/A	N/A	N/A
<p>Comments The carers' survey is a biennial collection. The last survey (2016/17) showed 34.7% of carers were satisfied. The next survey will be conducted in October 2018 with results available from early 2019.</p> <p>Benchmarking/Achieve National Standards 2016/17 national rate was 39% and our statistical neighbours 38.8%.</p> <p>Actions Business & Intelligence have increased the number of KPIs that relates to carer activity and performance monitoring.</p>								

Social isolation

Actions

An Overview and Scrutiny Task Group review on social isolation is underway.

Evidence gathering sessions with the following groups have been completed Council services, public sector organisations, voluntary organisations as well as Tracy Crouch MP, the Minister for Loneliness.

A visit to a Community Expo event in Bracknell has also taken place to find out about the wide variety of work undertaken by Bracknell Forest Council and partners to address social isolation and loneliness in that area. A draft report setting out the findings and recommendations of the Task Group is expected to be presented to the Health and Adult Social Care Overview and Scrutiny Committee in December and to Cabinet next January.

A social isolation network meeting was held with 13 attendees. Partners presented and shared best practice in Medway including: the "Your Medway, Your Community" event, Time Credits and examples from Age UK and the local community interest company "wHoo cares".

The Men in Sheds programme (targeting social isolation and mental wellbeing in men, with a focus on those out of work or retired), continues to deliver good outcomes. There are 184 members, with 60 sessions held in the last quarter. Sessions include peer led men's health session, fabrication, guitar sessions and green living sessions.

Improvements in wellbeing are demonstrated after attending the shed, and qualitative case studies demonstrate The Shed is supporting men to become less isolated, learn new skills and to improve their mental wellbeing.