Smoking prevalence 18+ (%) Prevalence of smoking among persons 18 years and over

	2011	Rate	Number	Target rate	Target number	Reduction
Medway	*-*-*-*-*-	17.6	37,596	12.0	25,634	11,962
Ashford	• - • - * • - • - •	18.1	17,538	12.0	11,627	5,911
Canterbury	•-•-•	14.8	19,782	12.0	16,039	3,743
Dartford	•	10.2	8,199	10.2	8,199	0
Dover	*	18.7	17,222	12.0	11,052	6,170
Gravesham		18.3	14,868	12.0	9,750	5,118
Maidstone	•-•-•-	17.1	22,215	12.0	15,589	6,626
Sevenoaks		12.0	11,073	12.0	11,073	0
Folkestone & Hythe	· · · · · · · · · · · · · · · · · · ·	16.5	14,809	12.0	10,770	4,039
Swale	• - • - • - • - • - •	17.9	20,106	12.0	13,479	6,627
Thanet	•-•- *	23.7	26,277	12.0	13,305	12,972
Tonbridge and Malling	• - • - • - • - •	11.6	11,353	11.6	11,353	0
Tunbridge Wells	0-0-0-0-0-0	15.0	13,591	12.0	10,873	2,718
Kent	0-0-0-0-0-0	16.3	197,002	12.0	145,032	51,970
England	0-0-0-0-0-0-0	14.9	6,456,947	12.0	5,200,226	1,256,721

Comparison with England Similar ★ Worse ▲ Better

Smoking at time of delivery (%)

The number of mothers known to be smokers at the time of delivery as a percentage of all maternities. A maternity is defined as a pregnant woman who gives birth to one or more live or stillborn babies of at least 24 weeks gestation, where the baby is delivered by either a midwife or doctor at home or in a NHS hospital

	2010/11	Rate	Number	Target rate	Target number	Reduction
Medway	*-*-*-*-*	17.1	638	6.0	224	414
Ashford	*-*-*	12.3	180	6.0	88	92
Canterbury	*-*-*	15.2	207	6.0	82	125
Dartford Dover	*-*-*-*-*	9.7 19.6	125 211	6.0 6.0	77 65	48 146
20101	**************************************	10.0		O.O		0
Gravesham		9.7	117	6.0	72	45
Maidstone	• - • - • - • - • - •	9.7	190	6.0	118	72
Sevenoaks	0-0-0-0-0-0	9.7	111	6.0	69	42
Folkestone & Hythe	*-*-*-*-*	20.1	193	6.0	58	135
Swale	*-*-*-*-*	20.8	346	6.0	100	246
Thanet	*-*-*-*-*	19.7	299	6.0	91	208
Tonbridge and Malling	• - • - • - • - • - •	9.7	133	6.0	82	51
Tunbridge Wells	• - • - • - • - • - • - •	9.7	111	6.0	69	42
Kent	*-*-*-*-*	13.8	2,223	6.0	967	1,256
England	0-0-0-0-0-0-0	10.7	65,023	6.0	36,461	28,562

Comparison with England

■ Similar * Worse ■ Better

Physically active adults (%)

The number of respondents aged 19 and over, with valid responses to questions on physical activity, doing at least 150 moderate intensity equivalent (MIE) minutes physical activity per week in bouts of 10 minutes or more in the previous 28 days expressed as a percentage of the total number of respondents aged 19 and over.

	2015/16	2016/17	Rate	Number	Target rate	Target number	Increase
Medway	•	•	65.8	138,287	70.0	147,114	8,827
Ashford	•	•	67.6	65,296	70.0	67,614	2,318
Canterbury	•		70.8	93,592	70.8	93,592	0
Dartford	•	•	63.9	51,608	70.0	56,535	4,927
Dover	•	•	65.9	60,398	70.0	64,156	3,758
Gravesham	•	*	61.4	49,085	70.0	55,960	6,875
Maidstone	•	•	68.1	87,808	70.0	90,258	2,450
Sevenoaks	•		70.9	64,773	70.9	64,773	0
Folkestone & Hythe	•	•	65.6	58,368	70.0	62,283	3,915
Swale	•	•	63.3	70,916	70.0	78,422	7,506
Thanet	•		72.0	79,127	72.0	79,127	0
Tonbridge and Malling	A		72.3	70,533	72.3	70,533	0
Tunbridge Wells	•	•	69.8	62,681	70.0	62,861	180
Kent	•		67.8	813,906	70.0	840,316	26,410
England	•	•	66.0 2	8,453,028	70.0 3	30,177,454	1,724,426

Produced by Medway Public Health Intelligence Team (2018–10–01) Source: Fingertips, Public Health England (https://fingertips.phe.org.uk)

Comparison with England
Similar ★ Worse ▲ Better

Adults overweight or obese (%)
Percentage of adults aged 18 and over classified as overweight or obese

	2015/16	2016/17	Rate	Number	Target rate	Target number	Reduction
Medway	*	•	64.6	137,975	50.0	106,792	31,183
Ashford	*	•	59.8	58,672	50.0	49,057	9,615
Canterbury	A		54.5	73,275	50.0	67,225	6,050
Dartford	*	*	66.1	54,109	50.0	40,930	13,179
Dover	•	•	61.4	57,138	50.0	46,529	10,609
Gravesham	•	•	65.5	53,198	50.0	40,609	12,589
Maidstone	•	 *	68.9	90,211	50.0	65,465	24,746
Sevenoaks	A	•	60.4	56,024	50.0	46,377	9,647
Folkestone & Hythe	*	•	63.1	56,857	50.0	45,053	11,804
Swale	•		72.7	82,713	50.0	56,887	25,826
Thanet	*	•	66.1	73,687	50.0	55,739	17,948
Tonbridge and Malling	•	•	61.9	61,452	50.0	49,638	11,814
Tunbridge Wells	A		50.0	45,612	50.0	45,612	0
Kent	•	*	63.0	767,107	50.0	608,815	158,292
England	•	•	61.3 2	6,815,277	50.0 2	1,872,167	4,943,110

Comparison with England Similar ***** Worse ▲ Better

Obesity in children aged 10-11 (%)

Prevalence of obesity (including severe obesity, BMI greater than or equal to the 95th centile of the UK90 growth reference) among children in Year 6 (age 10–11 years)

	2006/07	Rate	Number	Target rate	Target number	Reduction
Medway	*•*•••	21.0	634	15.0	453	181
Ashford	••••••	18.4	249	15.0	203	46
Canterbury	• * * * * • * * *	17.0	233	15.0	206	27
Dartford	• • * • • * * • •	21.9	262	15.0	179	83
Dover	••••••	20.5	213	15.0	156	57
Gravesham	• * • • • • * • *	23.2	287	15.0	186	101
Maidstone	**	16.4	266	15.0	243	23
Sevenoaks		15.8	186	15.0	177	9
Folkestone & Hythe	••••••	20.8	219	15.0	158	61
Swale	•••••	19.8	305	15.0	231	74
Thanet	•••••	21.2	317	15.0	224	93
Tonbridge and Malling	A • A • • • A A A	14.7	194	14.7	194	0
Tunbridge Wells	^ ^ ^ ^ ^ ^ 	12.5	133	12.5	133	0
Kent		18.5	2,864	15.0	2,322	542
England		20.0	111,169	15.0	83,377	27,792

Comparison with England

■ Similar * Worse ▲ Better

NHS Health Checks invitations offered

Percentage of the eligible population, aged 40 – 74 years, offered an NHS Health Check per financial year





