

HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE

17 OCTOBER 2017

COUNCIL PLAN PERFORMANCE MONITORING REPORT QUARTER 1 2017/18

Report coordinated by: Carrie Mckenzie, Assistant Director, Transformation

Contributors: Children and Adults - Directorate Management Team

Summary

Medway's Council Plan 2017/18 sets out the Council's three priorities. This Committee is responsible for some of the performance measures within the Council priority:

- Supporting Medway's people to realise their potential

This report summarises how we have performed in Quarter 1 2017/18 for the 9 key measures of success which support the above priority.

Council Plan measures of success:

- 62.5% on target
- 50% improved over the long term

Performance highlights:

- Permanent admissions to residential care per 100,000 population for both younger and older adults of Medway has reduced from the 2015/16 figures. For younger adults there has been a 44% decrease and for older adults a 20% decrease.
- The number of delayed transfers of care, per 100,000 population, attributable to adult social care has remained low in the 2016-17 reporting year.

National (15/16)	Statistical Neighbours (15/16)	Medway 15/16	Medway 16/17
4.8	5.1	3.8	3.3

- 529 people on the 'Tipping The Balance' health programme achieved reductions in cardiovascular risk.

1. Budget and Policy Framework

- 1.1 The Council Plan 2016/21 was agreed at the Council meeting on 25 February 2016. It set out the Council's three new priorities and three new ways of working. This report summarises the performance of the Council's Key Measures of Success for Q1 2016/17 which are relevant to this Committee.

2. Background

- 2.1 This report sets out the performance summary against the Council priority most relevant to this Committee: Supporting Medway's people to realise their potential.
- 2.2 The report focuses on where the Council has achieved or exceeded its targets and how underperformance is being tackled.
- 2.3 Detailed background information supporting this report can be found in:

Appendix 1: Health and Adult Social Care Overview and Scrutiny Committee - Detailed Report Q1 2017/18

3. PRIORITY: SUPPORTING MEDWAY'S PEOPLE TO REALISE THEIR POTENTIAL

3.1 Measures of Success - Summary

Details of the 9 measures of success for this Council priority are included in Appendix 1; however for 1 of these, data is not expected until after this report is published

- 5 out of 8 measures were on target
- 2 out of 6* measures have improved compared with last quarter
- 3 out of 6* measures have improved compared with the average of the previous 4 quarters

*where data available

3.2 Service Comments

We want to support all our residents, especially young people, to realise their potential through the provision of services and initiatives that will help Medway to become a healthier and safer place to live.

3.2.1 OUTCOME : HEALTHY AND ACTIVE COMMUNITIES

Programme: Improving everyone's health and reducing inequalities

Supporting Healthy Weight

Plans are underway to host the fourth annual healthy weight summit, which the University of Kent has again agreed to sponsor. This event is an opportunity for the network of local public, private, voluntary and academic sector partners to meet and progress local action on tackling obesity. The network members are committed to a vision of "working together to support all Medway residents to adopt healthier lifestyles and achieve a healthy weight". As obesity is a complex problem that has steadily risen over the last three decades, the network acknowledges that a multi-faceted approach over the next 20 years is needed in order to have an impact.

- 3.2.2 A formal healthy weight strategy group was formed to support the networks activities throughout the year. Cllr Brake, the Portfolio Holder for Adults' Services, hosted the first strategy group session and a "logframe" has been produced to define, structure and communicate the key outputs and actions of the wider healthy weight network.
- 3.2.3 Some excellent activity is already underway from a range of partners, with Medway Council leading on a large number of these essential actions. They include:
- The Public Health team provides a range of adult and family weight management, community food and physical activity support services.
 - Planning colleagues are using the local plan as an opportunity to create a healthier environment for Medway residents, building on the success of the hot food take away guidance note.
 - Sports and leisure teams are delivering facilities and opportunities for people to be active.
 - The Integrated transport team delivers active travel initiatives and modal shift projects.
 - The Greenspaces team continues to deliver parks and places that people can enjoy at no cost.
 - The Early Years team is supporting children's centres, nurseries and pre-schools to create healthy environments with staff trained and motivated to support the healthy weight agenda.
 - The School Contracts team is embedding the healthy eating agenda in their catering contract with infant, primary and junior schools.
 - Development of an internal council food policy, which other Health and Wellbeing Board partners will be encouraged to adopt.
- 3.2.4 These positive local actions have been acknowledged by two publications from the Local Government Association in the last 12 months. These specifically referenced Medway's work on planning and local network coordination, with Medway genuinely considered as an area of excellent practise on the obesity agenda.

3.2.5 OUTCOME: OLDER AND DISABLED PEOPLE LIVING INDEPENDENTLY IN THEIR HOMES

Programme: Improve support for vulnerable adults by working with partners and communities

Social isolation

The Public Health team has supported the development of a project with the Council-owned Hoo swimming pool, and voluntary organisations Carers First and wHoo Cares to provide wellbeing hour sessions. This provides quiet, facilitated swim sessions where isolated, anxious individuals and individuals with additional needs and their carers can swim in a more appropriate environment for their needs. Carers can join the sessions or socialise in the viewing gallery and receive peer support. Taster sessions will begin mid-August. The project has scope to include other physical activities depending on the interests of beneficiaries and take-up.

- 3.2.6 Other activities include continued support to maintain momentum around social prescribing in Medway. Further work is in place to engage with the Involving Medway programme and we have provided information and presentation support to the GP Mental Health lead to engage colleagues. In addition, the Social Isolation Implementation Group is focussing on boosting volunteering to increase capacity in evidence-based interventions to reduce social isolation, including exploring the case for a Medway

Council employee volunteering scheme. Involve Medway is attending a forthcoming meeting.

3.2.7 We are also working with a faith group in Strood North to hold a Big Lunch in a greenspace to build neighbourhood connections. Other members of the Social Isolation Implementation Group, notably Sunlight Development Trust and Medway Housing Services, are hosting their own Big Lunches as part of their work to reduce social isolation.

3.2.8 Adult Social Care Strategy

The 13 week pilot for the '3 Conversations' model of practice in Adult Social Care is complete and early analysis shows a positive reduction in the number of long term packages of care needed. The Innovations Team continues to operate the model and to try to find new and inventive ways of working with partners and providers within the community to support people to continue to live independent lives in their own homes.

3.2.9 The restructure of the Adult Social Care service has completed the consultation period and currently work is underway to recruit to posts and implement the new structure. New posts have been introduced to help support the development of community infrastructure through working with other local organisations, in particular the voluntary sector. The Voluntary Community Link workers will work across the Early Help and Prevention and Long Term Needs teams to cultivate and develop the voluntary offers within communities. This enable individuals with social care needs to be signposted to services within their community which could prevent or delay their need for long term care and support individuals to live fulfilling lives within their own local communities.

3.2.10 Subsequent to the budget being agreed by Council, the Chancellor announced a further £2bn of additional funding for social care, of which Medway Council was allocated £3.9million in 2017/18. This grant is to be spent on adult social care and will be deployed in accordance with the grant conditions. It is intended to fund the burgeoning costs of adult social care for a growing number of people with increasingly complex needs, including supporting more people to be discharged from hospital when they are ready, and stabilising the social care provider market. Subsequent to this, the first round of budget monitoring for 2017/18 showed an underspend of Adult Social Care of £498,000. Work is continuing to meet the savings targets attached to the Getting Better Together Strategy for 2017/18, including reviewing the areas where the savings will be achieved.

3.2.11 The Developing and empowering resources in communities (DERIC) projects being delivered by the two Community Interest Companies (CICs) in Walderslade (WALT) and the Hoo Peninsula (wHoo Cares) continue to support individuals within their communities to live independently despite any emerging social care needs. The CICs continue to assess the specific needs and demographics of their local populations to endeavour to deliver the most appropriate local services to those in need within their communities.

3.2.12 The 'Long Term Accommodation and Commissioning Strategy' is in the process of being developed, in line with the commitment cited in the Adult Social Care Strategy – Getting Better Together. The document links with policy and additional strategies from partner agencies including: The Strategic Housing Market Assessment; Dementia Strategy and the Joint Health and Wellbeing Strategy. The strategy assesses and projects the accommodation needs for adults with social care needs to enable them to remain at home in accommodation appropriate to their needs and to support the timely discharge of individuals from hospital into suitable housing, including that of a specialist nature. The strategy will be used to inform any future commissioning intentions around long term

accommodation and will feed into future policy and strategy documentation for Medway Council and partner agencies.

4. Risk Management

- 4.1 Risk management helps to deliver performance improvement and is at the core of decision-making, business planning, managing change and innovation. It is practiced at both management and service delivery level, enabling the effective use of resources, and securing the assets of the organisation and its continued financial and organisational well-being.
- 4.2 The purpose of the Council Plan performance monitoring reports during the year is to enable managers and Members to manage the risks identified in delivering on the council's priorities.

5. Financial and Legal Implications

- 5.1 There are no finance or legal implications arising from this report.

6. Recommendation

- 6.1 It is recommended that the Committee considers quarter 1 2017/18 performance against the measures of success used to monitor progress against the Council's priorities.

Lead Officer Contact

Susan Olney, Corporate strategy, performance and improvement officer
Telephone 01634 331490

Appendices

Appendix 1 - Health and Adult Social Care Overview and Scrutiny Committee
Detailed Report Q1 2017/18

Background Papers

Council Plan 2016/21 (2017/18 update)

<https://democracy.medway.gov.uk/mglIssueHistoryHome.aspx?Ild=18256>