

Children's health consultation









Medway community child health services

Medway Council and NHS Medway CCG are planning to re-commission some children's health services over 2017/18 and we would like your views.

What are we consulting about?

Health visiting and school nursing are the main services which deliver the Healthy Child Programme to all children aged 0 to 19. More details about the different elements of the programme can be seen in this consultation pack. Some health services are only offered to children who need additional help (specialist services), such as speech and language or occupational therapy, or appointments with a paediatrician.

Many of our health services for children were developed by individual teams to meet the needs they themselves identified. Now teams are trying to see many more children, with more complex and sometimes different needs, and this way of developing services doesn't work as well. It means there may be gaps and duplication in what's delivered and to whom.

We want to join some of our main children's health services together, so that they are

- More efficient
- · Able to respond better to families individual needs
- More joined up and able to work together
- · Able to focus on the difference they can make to children and families and not just on the targets

This offers the opportunity for health service providers to know what is expected of them, and to strive to deliver services in a way that we will know is making a positive difference for children.

We want to hear the views of as many Medway service users and their families as possible to help us get this process right.

Which services are included?

Some services which all children and families use, such as school nursing and health visiting, and some services which only children who need extra help might use, such as children's therapies and learning disability nursing. This is a more detailed list:

Service	Description
Children's Outreach and	Hospital based team of specialist nurses providing a service to children
Specialist Team (COaST)	with life limiting/life threatening/complex conditions in their own homes
Community Nursing Team for	For children and young people who have been diagnosed with
children and young people with	moderate/severe or profound and multiple learning disabilities
learning disabilities	
Community Paediatrics	Paediatricians providing a specialist child health assessment and
	diagnostic service; formulation of management plans, provision for
	patients with complex medical needs and multiple clinician involvement
Continence services	Includes specialist continence advisor, enuresis clinic and provision of continence products.
Health Visiting	Lead the delivery of the 0-5 Healthy Child Programme: includes breast
	feeding, immunisations, behavioural management, mental health, healthy
	diet and lifestyle, child development and assessment, parenting.
Looked After Children's Health Team	Health assessments and follow ups for Looked After Children
Nutrition and Dietetics	For children who have complex needs in addition to their nutritional needs
Children's Occupational Therapy	Part of Medway Community Healthcare (MCH) Children's Therapy Team,
	working with children who have difficulties with the practical and social
	skills necessary for their everyday life
Children's Physiotherapy	Part of MCH Children's Therapy Team. Conditions seen by the team may
	include orthopaedic and rheumatological issues, acute injuries,
National Child Measurement	neurological conditions The National Child Measurement Brogramme (NCMD) measures the
Programme	The National Child Measurement Programme (NCMP) measures the height and weight of children in reception class (aged 4 to 5 years) and
1 rogramme	year 6 (aged 10 to 11 years) to assess overweight and obesity levels in
	children within primary schools.
Oral Health Programme	Promoting and raising awareness of better oral health for children and
3	young people through training and development of the children's
	workforce
Podiatry	The MCH children's podiatry service accepts referrals for any child that
	has a condition affecting their lower limb.
School Nursing	Leads the school age component of the Healthy Child Programme:
	school nurses also conduct a series of developmental checks and health
	screens, and are a key health lead for child safeguarding.
Special Needs Nursery	Pre-school sessions and assessment for young children with
Consoli and Language Thomas	moderate/severe learning disabilities and additional healthcare needs
Speech and Language Therapy,	Assessment and support to young children with speech, language,
children under five Speech and Language Therapy,	communication or swallowing difficulties
school age children	Assessment and support to school age children with speech, language, communication or swallowing difficulties.
School age children	communication or swallowing difficulties.

What services aren't included? (Please note there may be other services that are not included but are not on this list)

Service	Description					
Acute (hospital) specialisms	Cardiology, ear, nose & throat, endocrinology, gastroenterology, haematology, immunology, metabolic disorders, nephrology, neurology, respiratory, rheumatology, paediatric surgery, urology					
Allergy clinic	Weekly hospital clinics for both adults and children.					
Blood tests for children	Medway Community Healthcare deliver this service via a drop in or booked appointment					
CAMHS	Child and Adolescent Mental Health Services					
Children's Emergency Department at Medway Hospital	Dedicated waiting and treatment area for children, open from 8am until midnight daily and staffed by children's nurses with the support of A&E doctors					
Dolphin Ward, Medway Hospital	Medical, orthopaedic, surgical and ear, nose and throat (ENT) ward					
Foetal Medicine	A consultant-led clinic for all suspected and confirmed foetal abnormalities					
Maternity services	Antenatal and postnatal care for mother and child					
Oliver Fisher Special Care Baby Unit	Care for babies born prematurely or who are sick and need intensive care					
Penguin Assessment Unit	Hospital ward - medical and nursing assessment and care					
Physiotherapy (acute)	Service to inpatients in Medway Maritime Hospital					

FAQs

1. Will I have continuity of care and the same professionals working with me and my family?

There is the potential for specific care of individual patients and service users to change, as with any proposal for service development. We are expecting that services will be improved in the future and that any new arrangements provide continuity of care in the long term. It is hoped that a future service will have a greater level of integration, keeping patients and service users at the centre of service delivery.

2. Will I have to access services in different places?

One of the reasons for the proposed change is to help deliver the vision of NHS services closer to home, as outlined in the NHS Five Year Forward View of October 2014. This vision for NHS services is to enable more healthcare services to be delivered out of acute hospitals and closer to home, with the aim of providing better care for patients, cutting the number of unplanned bed days in hospitals and reducing net costs. A number of the services that are part of this discussion are already delivered in community settings such as healthy living centres, sure start children's centres, and schools, with some also being delivered in homes. Whilst we cannot say with certainty at this time that patients and service users will not have to access services in different locations, we are hopeful that new arrangements will improve service delivery and accessibility, rather than have a negative impact.

3. Is this a reduction in service?

One of the reasons for the change is to improve service efficiency by reducing duplicated effort, waste, and by improving service communication. This improved efficiency will enable the current level of service to be maintained or enhanced when new services commence.

4. What will happen to information about my child and family?

Should the organisations that are responsible for providing health services to your child and family change, relevant information relating to care will be shared with the new service provider. This will ensure that there are no unnecessary disruptions to the services that you receive.

Should it be necessary to share information with a new organisation, this will be undertaken in accordance with relevant Information Governance legislation, and using secure methods of data transfer.

5. What will the effect on waiting times be?

We expect waiting times to be reduced over time as efficiency is generated by the new service model.

6. Will this stop me having to repeat my story to different professionals?

Improved service integration is at the heart of the proposed change, and it is hoped that future service configuration will enable professionals working in children's community health services to share information about patients and service users more easily, where it is beneficial for their care. The work relates to community health services only and not wider elements of service provision such as social care and early help services; you will be asked about your preferences for information sharing with wider service areas.

7. What will happen to existing appointments that I have?

From the point at which new contracts for services are appointed, there will be a period of preparation, known as 'provider mobilisation'. This will enable the existing providers to undertake the appointments that they have planned with you, and will be the period of time in which new arrangements are made for your future care.

8. What is the Child Development Centre and how does this link to this work?

The Child Development Centre is a physical building that is currently being refurbished in Strood. It will provide a venue for some services, and a means by which elements of the integrated service approach that we are wishing to see can be facilitated. We are not consulting separately on the use of the Child Development Centre, but will be drawing out information from this consultation on children's community health services to inform how best we utilise the new facility to deliver the outcomes that are identified through this process.

Key milestones and core functions currently delivered by the health services we are re-commissioning



Pre-conception

- Personal, social, health and economic guidance
- Health visitor or public health advice ahead of further pregnancies
- Conception



Pregnancy

- Pregnancy confirmed
- 28 week antenatal health visiting check and antenatal education sessions
- Support to vulnerable families
- Transition to parenthood support
- Breastfeeding advice and guidance
- Access to advice and information via Sure Start Children's Centres throughout pregnancy
- Access to peer support sessions such as 'Bump to baby' groups



New born to 8 weeks

- Birth
- New birth health visitor check including breastfeeding support
- Care handed over from the midwife to the health visitor
- Health visitor 14 day visit
- Health visitor 6-8 week visit
- Maternal mood assessment
- Signposting to children's centres



KS1: Year 1&2 (infant)

- National Child Measurement Programme (YrR)
- Proactively follow-up and refer all children identified through National Child Measurement Programme as outside healthy weight range
- School entry health screening assessment (YrR)
- Enuresis support
- Audiology screening
- Supporting schools with pupils who are persistently absent due to minor health conditions



KS2: Year 3-6 (junior)

- National Child Measurement Programme (Yr6)
- Proactively follow-up and refer all children identified through National Child Measurement Programme as outside healthy weight range
- Enuresis support
- Personal, social, health and economic (PSHE) education including Relationship and Sex Education (RSE)
- Supporting schools with pupils who are persistently absent due to minor health conditions
- Supporting schools around health related transitional needs



KS3: Year 7-9 (Secondary)

- Personal, Social, Health and Economic (PSHE) education including Relationship and Sex Education (RSE)
- Supporting schools with pupils who are persistently absent due to minor health conditions
- Supporting schools with pupils who have experienced or been a victim of domestic abuse
- Supporting schools with pupils who have been admitted to hospital due to self harm



9 weeks to 1 year

- Health visitor 3-4 month follow ups
- Infant feeding support, specifically relating to starting solid foods
- Healthy start vitamin promotion
- 10-12 month developmental check by health visitor
- Weight and measurement check



1-4 years

- Promotion of free education for two-year-olds
- 2 and 2.5 year health visiting check
- Supporting school readiness
- Language development
- Weight and measurement check
- Progress against developmental milestones
- Identification of issues and referral on to other services as required
- Handover from health visitor to school nurse



- Emotional health and wellbeing
 early intervention and signposting
- Smoking prevention and brief intervention/signposting to support services
- Promoting healthy weight, eating and lifestyles
- Accident and injury prevention
- Safeguarding and Early Help
- Physical inactivity and school travel plans
- Health and hygiene
- Promoting uptake of immunisations
- Oral health promotion



KS4: Year 10-11 (Secondary) and further education

- Personal, Social, Health and Economic (PSHE) education including Relationship and Sex Education (RSE)
- Supporting schools with pupils who are persistently absent due to minor health conditions
- Supporting schools with pupils who have experienced or been a victim of domestic abuse
- Supporting schools with pupils who have been admitted to hospital due to self harm



Specialist services (all ages)

Health Services providing early identification, assessment and diagnosis, intervention and support to children and young people who have additional needs such as:

- Learning disability and global developmental delay
- Neurodevelopmental conditions such as autism
- Life limiting and life threatening illnesses such as cancer and cystic fibrosis
- Disabilities and conditions impacting on health, well being and areas of development such speech and language and movement
- Complex health issues

Consultation on Medway Community Children's Health Services 2017

Medway Council and NHS Medway Clinical Commissioning Group (CCG) are planning to recommission some children's health services during 2017/18 and we would like your views.

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	Community Nursing Team for children and young			
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	Children's Audiology services			
	Community Paediatrics Outpatient services			
	Continence services			
	Health Visiting Looked After Children's Health Team			
	Nutrition and Dietetics			
	Children's Occupational Therapy			
	Children's Neurological Physiotherapy		Ğ	
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	National Child Measurement Programme		_	
	Oral Health Programme			
	Podiatry			
	School Nursing			
	Special School Nursing			
	Woodlands Special Needs Nursery, Rainham			
	Speech and Language Therapy for children under			
	five	_	_	
	Speech and Language Therapy for school age children			
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tick only None of	model of services, from the pictures below one. these options sible models for Universal Child Health Servi	Please
	Model 1 (Current) 0-4 Public Health Nursing Team (Health Visiting) 5-19 Public Health Nursing Team (School Nursing)	
	Model 2 0-7 (Birth to end of Infant School) Public Health Nurse Team 8-19 (Junior School to College) Public Health Nursing Team	
	Model 3 0-10 (Birth to end of Junior School) Public Health Nursing Team 11-19 (Transition from junior/primary to college) Public Health Nursing Team	
Comn P	ou understand why we are proposing to che nunity Children's Health Services? Tes Partially To be a give details of any other suggestions yo	

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new person i see Having confidence in the person seeing my child													
Knowing the perfamily situation													
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8.	Where would you prefer to access children health services? (please tick all that apply)						
	Healthy Living Centres Children's Centres Schools Community Hubs GP surgeries Hospital Community Centres Somewhere else If 'somewhere else' please say when	Yes	NO	Don't know			
9.	In your opinion, what do you conchildren's health services being Sharing information across to Linking with schools Linking with GPs Joint care planning Sharing skills across existing Better use of technology (so Improved communication beto One point of contact for all second Improved communication beto Im	g able to work leams / services professional becal media, webstween different services tween profession	better together? bundaries eg Dual (chats etc.) services	(tick only three)			
10.	How would you like to share you apply- this question to be completed. Formal meeting. User Groups. Social Media Group. Message Boards. Coffee mornings. Conference calls. Web chats. Not interested. Something else. If 'something else' please say what	ted by children,		**			

 11. Which skills or attributes do you consider are the most important for young childre are about to start school? (please tick three) Able to communicate well Personal independence: for example being able to use the toilet effectively, being cled dry Social skills Feeling confident without parent or carer present Listening skills To be able to take turns To be able to notice things and ask questions Something else If 'something else' please say what 	
We will be focusing future services on enabling children and families to achieve positive outcomes. By outcomes, we mean the impact or difference that is made to a child or family's life. Please tell us about the specific outcomes that are important to you – the list below has so examples, and there is more space for you to tell us anything else that you would like children's community health services to help you to achieve	
 Which three things are the most important to you? (This question to be completed by children and young people only) am happy have friends and get on with other people well can play with my friends have the best possible health can manage my health condition effectively am able to be independent am able to take part in home, school and community life My carer/family have their needs recognised and are given support to care for me am supported to understand my choices and to set and achieve my goals Something else something else' please say what 	

13.	Which three things are the most important for your child? (This question to be completed by parents only) My child is happy My child has friends and gets on with other people well My child can play with their friends My child has the best possible health My child can manage their health condition effectively My child is able to be independent My child is able to take part in home, school and community life My child is supported to understand their choices and to set and achieve their goals Something else If 'something else' please say what
14.	Which three things are the most important to your family? (This question to be completed by parents only) My family understands our child My family is able to look after, take care of and support our child My family is able to cope with our circumstances and enjoy our time together My family is supported to ensure that their rights and the rights of our child are respected My family participates in community services, or is able to if we would like to My family feels supported by other family, friends and neighbours in our local community Something else If 'something else' please say what
15.	We will be focusing future services on enabling children and families to achieve positive outcomes. By outcomes, we mean the impact or difference that is made to a child or family's life. Please tell us about the specific outcomes that are important to you.
16.	Is there anything else you think is important to include when thinking of how Children's Community Health Services should work?

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19.	How old are you? (Please tick the Under 16 ☐ 16 - 24 ☐ 25 - 34 ☐ 35 - 44 ☐ 45 - 54 ☐ 55 - 64 ☐ 65 to 74 ☐ 75 and over ☐ I prefer not to say	e appropriate box)

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Medway Council is committed to compliance with the Data Protection Act 1998, as well as your rights to confidentiality and respect for privacy. The council will ensure that it keeps your personal information accurate and secure to provide you with efficient services.

The Council will only use the information it holds about you for the purpose you provided it. It will also only collect the minimum information necessary to fulfil that purpose. When it no longer has a need to keep information about you, it will be disposed of in a secure manner.

To find out about our health improvement services, find us on: Twitter @ABetterMedway and like us on Facebook @ABetterMedway.