

# **HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE**

**15 NOVEMBER 2016**

## **COUNCIL PLAN QUARTER 1 2016/17 PERFORMANCE MONITORING REPORT**

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Public Health

### **Summary**

Medway's three priorities and three ways of working are set out in the new Council Plan 2016/17. This report summarises how the Council has performed in Quarter 1 2016/17 against the priority most relevant to this Committee: Supporting Medway's people to realise their potential. There are six key measures of success and two key projects for this priority which fall under the remit of this Committee; however data for one of these is not expected until after publication of this report.

### **Performance highlights**

- 100% of key measures of success, that are available for reporting, were on target.
- 80% of key measures of success, that are available for reporting, have improved over the long term (compared with the average of the previous 4 quarters).

### **1. Budget and Policy Framework**

1.1 The Council Plan 2016/17- 2020/21 was agreed at the Council meeting on 25 February 2016. It set out the Council's three new priorities and three new ways of working. This report summarises the performance of the Council's Key Measures of Success for Q1 2016/17, as set out in the Council Plan.

### **2. Background**

2.1 This report sets out the performance summary against the Council priority most relevant to this Committee: Supporting Medway's people to realise their potential.

2.2 The report focuses on where the Council has achieved or exceeded its targets and how underperformance is being tackled.

2.3 Detailed background information supporting this report can be found in:

Appendix 1: Health and Adult Social Care Overview and Scrutiny Committee Detailed Report

### **3. Key priority 3: Supporting Medway's people to realise their potential**

#### **3.1 Key measures of success - summary**

Details of the six key measures of success for this Council priority, which fall under the remit of this Committee, are included in Appendix 1; however, data for one of these is not expected until after this report is published:

- 5 out of 5 measures were on target
- 2 out of 5\* measures have improved compared with last Quarter
- 4 out of 5\* measures have improved compared with the average of the previous 4 Quarters

(\* Total number of measures where comparative data is available)

#### **3.2 Service comments**

##### **3.2.1 Outcome: Healthy and active communities**

###### **Project 8.1: Improving everyone's health and reducing inequalities**

###### **Supporting healthy weight**

Medway is committed to making tackling obesity and making Public Health a priority in 2016. The Public Health Directorate is working with a wide range of other Council services to take action on this agenda. As listed in numerous collaborative working agreements between the services, action is being taken by:

- Planning colleagues to create a healthier environment for Medway residents.
- Sports and leisure teams to deliver facilities and opportunities for people to be active.
- Integrated transport to deliver active travel initiatives and modal shift projects.
- Greenspaces to continue to deliver parks and places that people can enjoy at no cost.
- Early years team who support children centres, nurseries and pre-schools to create healthy environments, with staff trained and motivated to support the healthy weight agenda.
- School contracts team who embed the healthy eating agenda in their catering contract work with infant, primary and junior schools

These are just some of the examples of cross Council collaborative working that supports the Public Health team's specific activity to prevent childhood obesity and support families to achieve a healthy weight. The Healthy Weight Team provide a number of interventions, including a range of weight management services for children, young people and families, train health and other front line professionals, delivery of the Infant Feeding Strategy and coordination of the Breastfeeding Peer Support Network and delivering a

range of community food initiatives. These teach people to cook healthy meals and grow their own food.

The local authority also plays a lead strategic role by coordinating a local Healthy Weight Network. Annual summits bring the network together to reinforce the need to work together, celebrate success, agree priority actions and drive local action forwards. The network is attended by a wide range of public, private, voluntary and academic sector partners, who all need to contribute if there is to be a significant impact on obesity. The activity of the network is documented in the form of a directory of interventions. These interventions are compared against a separate best practice tool, which highlights what works to tackle obesity effectively.

Medway Council is awaiting the publication of the Public Health England Child Healthy Weight Framework (which the Council is supporting the development of) and the government's Childhood Obesity Strategy, expected to be published in summer 2016. These documents will help to ensure that the local approach is in line with international best practice and national strategy. Every opportunity is being taken to have a positive influence on the weight and healthy lifestyles of Medway children.

### **3.2.2 Outcome: Older and disabled people living independently in their homes**

#### **Project 10.1: Improve support for vulnerable adults by working with partners and communities**

##### **Social isolation**

Progress on the implementation plan continues with the following specific outcomes achieved so far:

The information resource "Staying Connected" for older people has been updated slightly to reflect changes in organisational details. A small amount of partnership funding has been obtained from Kent Fire and Rescue Service to print copies for use where digital access is not appropriate or available. A limited supply of copies of Stay Connected have been circulated to all Medway libraries and community hubs, produced with partnership funding from KFRS, along with a poster promoting the booklet and website details. Partnership working with Kent Fire and Rescue continues and development of a protocol for a pilot partnership project progressed with the pilot having been due to start from July 2016.

The "Relationships" Campaign for Mental Health Awareness Week in May took place, highlighting the importance of social connections for people with mental health problems. The campaign also included the relaunch of Stay Connected.

Social Isolation awareness raising sessions have started to be rolled out to people working with older people and those at risk of isolation in Medway. A part time strategic co-ordinator is now in post to scope, co-ordinate and develop additional projects with partners in order to reduce social isolation.

Medway Dementia Action Alliance has agreed to make social isolation one of its priorities for action in 2016/17. A draft implementation plan for 2016/17 has been developed.

## **Adult Social Care Strategy**

A consultation on the Adult Social Care Strategy, 'Getting Better Together' closed on 28 October. The Strategy aims to increase prevention, participation and partnerships, personalisation, integration, innovation and safeguarding. Following a diagnostic process undertaken by external consultants, Newton Europe, an Adult Social Care Improvement Board will oversee a programme of changes. This will deliver best value and best use of resources, involve residents, service users and their carers in the proposals and ensure that vulnerable adults remain safe and as independent as possible.

## **Delayed Transfers of Care**

Along with all other health and social care systems and as part of the Better Care Fund arrangements Medway is required to have an Action Plan for addressing DToC, Medway's plan has three specific targets:

- Reduction in the percentage of bed days lost due to DToC to less than the national target of 3.5% with an aim to reach the "stretch" target of 2.5%.
- Reduction in the overall number of bed days lost due to DToC by 10%
- No more than 4 / 100,000 population to be delayed due to Adult Social Care.

The outturn for Q1 demonstrated that Medway was the third best in the South East Region with an overall validated reduction of 32.09% against the baseline.

## **4. Risk management**

4.1 Risk management helps to deliver performance improvement and is at the core of decision-making, business planning, managing change and innovation. It is practised at both management and service delivery level, enabling the effective use of resources, and securing the assets of the organisation and its continued financial and organisational well-being.

4.2 The purpose of the Council Plan performance monitoring reports during the year is to enable managers and Members to manage the key risks identified in delivering priorities.

## **5. Financial and legal implications**

5.1 There are no finance or legal implications arising from this report.

## **6. Recommendation**

6.1 It is recommended that Members consider the Quarter 1 2016/17 performance against the Key measures of success used to monitor progress against the Council Plan 2016/17.

## **Lead officer contact**

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## **Appendices**

Appendix 1 - Council Plan Monitoring – Q1 2016/17 Detailed Report for Health and Adult Social Care Overview and Scrutiny Committee

Appendix 2 - NHS England data – Progress in Delivering local BCF Plans

## **Background Papers**

Council Plan 2016/17 - 2020/21

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