

Medway Council
Meeting of Health and Wellbeing Board
Tuesday, 28 June 2016
4.00pm to 7.28pm

Record of the meeting

Subject to approval as an accurate record at the next meeting of this committee

Present: Councillor David Brake, Portfolio Holder for Adult Services (Chairman)
Dr Andrew Burnett, Interim Director of Public Health
Councillor Howard Doe, Deputy Leader and Portfolio Holder for Housing and Community Services
Councillor Gary Etheridge
Cath Foad, Chair, Healthwatch Medway
Dr Peter Green, Clinical Chair, NHS Medway Clinical Commissioning Group (Vice-Chairman)
Councillor Adrian Gulvin, Portfolio Holder for Resources
Councillor Andrew Mackness, Portfolio Holder for Corporate Services
Councillor Vince Maple, Leader of the Labour Group
Dr Antonia Moore, Elected Clinical Member, NHS Medway Clinical Commissioning Group
Barbara Peacock, Director of Children and Adults Services
Caroline Selkirk, Accountable Officer, NHS Kent and Medway Clinical Commissioning Group
Ian Sutherland, Deputy Director, Children and Adults Services

Substitutes:

In Attendance: John Britt, Head of Better Care Fund
Sharon Dosanjh, Head of Mental Health Commissioning
Debra Exall, Strategic Relationships Adviser, Kent County Council
Helen Greatorex, Chief Executive, Kent and Medway NHS and Social Care Partnership Trust
Jan Guylar, Head of Legal Services/Deputy Monitoring Officer
Paul Lehmann, Chair of MFT Smoke Free Committee, Medway NHS Foundation Trust
Jennie Pasternak, Head of Mental Health, Social Work and Deprivation of Liberty Safeguards
Stephen Platt, Democratic Services Officer
Michael Ridgwell, Sustainability and Transformation Plan Director
Peter Savage, Democratic Services Officer

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82 Election of Chairman

Councillor Brake was elected as Chairman for the forthcoming year.

83 Election of Vice-Chairman

Dr Peter Green was elected Vice-Chairman for the forthcoming year.

84 Apologies for absence

Apologies for absence were received from Councillor Mike O'Brien (Portfolio Holder for Children's Services), Pennie Ford (Director of Assurance and Delivery, NHS England), Lesley Dwyer (Chief Executive, Medway NHS Foundation Trust), Malcolm McFrederick (Executive Director of Operations, KMPT), Dr Mike Parks (Medical Secretary, Kent Local Medical Committee), and Martin Riley (Managing Director, Medway Community Healthcare).

85 Record of meeting

The record of the meeting held on 28 April 2016 was agreed, subject to the following amendment:

Minute no 954/2016: second bullet point to be amended to read:

- While it was important that the potential for poor outcomes from surgery was explained to patients who were smokers, they should not be given the impression that surgery would be denied to them because they smoked. There should not be a perception that this initiative was financially driven; it was directly linked to improving the safety and effectiveness of care.

86 Urgent matters by reason of special circumstances

There were none.

87 Declarations of disclosable pecuniary interests and other interests

Disclosable pecuniary interests

There were none.

Other interests

Councillor Maple declared an interest as a Director of the Medway Credit Union in relation to agenda item 9, Research into the Needs of the Armed Forces Community in Kent and Medway, as he advocated promotion of the use of credit unions for service leavers rather than payday lenders. He remained in the room and took part in the discussion.

88 Chairman's Announcements

The Chairman welcomed Councillor Gary Etheridge and Helen Greatorex, Chief Executive of Kent and Medway NHS and Social Care Partnership Trust, to their first meeting of the Board. He also noted that this would be Barbara Peacock's last meeting before taking up her new role as Executive Director of People at the London Borough of Croydon. On behalf of the Board, the Chairman wished Barbara well in her new role.

89 Medway CCG - Kent and Medway Sustainability and Transformation Plan Update

Discussion:

The Sustainability and Transformation Plan (STP) Director gave a presentation on Delivering the Five Year Forward View. It incorporated an update on the development of the Kent and Medway Sustainability and Transformation Plan. Key issues within the presentation included:

- The national planning context which required a five year STP together with a one year operational plan.
- How the STP would improve health and wellbeing, transform quality of care delivery, deliver sustainable finances and establish more robust system leadership.
- The anticipated allocation of place based funding and also sustainability and transformation funds.
- The challenges for Kent and Medway including population change, housing development, unacceptable health inequalities, recruitment concerns, reshaping service delivery to provide more out of hospital services and to concentrate on preventative support and managing the deficit budget.
- The performance against targets where particular attention was drawn to poor performance in the following areas: the estimated diagnosis rate for people with dementia; the four hour target for A&E.
- Population characteristics including highlighting special concerns around higher levels than average in Medway of obesity, smoking prevalence and related illnesses.
- Improving the governance.
- The need to concentrate on four main themes: increasing self care and prevention; strengthening primary care and integrated out of hospital care; developing a clearer acute hospital strategy focusing on an East Kent Strategy Board, the A21/A229 corridor and pan Kent and Medway services for example in stroke and vascular services; and cost reductions.

Members of the Board raised a number of issues which were responded to, including:

- What steps were being taken to ensure "total place" financial models could work in terms of delivering savings? It was noted that this

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continued to be a complex issue which was being explored at a national level. Very different mechanisms were needed for a joined up single budget.

- Whether significant additional finance would be available to the NHS following the EU referendum. It was concluded that it would be a matter of having to await developments although additional funding would not have a significant impact without an increased workforce.
- The timing of a review of acute services. The Board was advised that more detailed modelling was required to establish the baseline position; The review was due for completion in March 2017.
- The importance of engagement which would include further reports to the Board and concern about this being led by NHS England. The Board was assured that there was a significant level of involvement from Medway health partners which had resulted in the current version of the Plan better reflecting Medway's needs. The STP steering group included several Health and Wellbeing Board members and a wide range of stakeholders would be invited to workshop events.
- Concern that the per capita financial settlement disadvantaged Medway residents.
- It was vital to concentrate on core requirements rather than what might be seen as "vanity projects".
- It was vital to demonstrate that existing resources were being properly and efficiently applied in order to persuade the Government that additional finance was necessary. It was noted that lack of trained personnel and poor infrastructure were challenges that needed to be addressed in transforming the way in which healthcare was delivered.
- Ensuring that expectations of support service savings were realistic and that all opportunities for joint working were pursued.

Decision:

The Board:

- (a) noted the presentation; and
- (b) agreed that a summary of the final Plan should be supplied to Board members.

90 Mental Health Services in Medway

The Board considered four related papers on mental health services in Medway.

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a **Mental Health Crisis Care Concordat**

Discussion:

The Head of Strategic Partnership Command, Kent Police and co-chair of the Mental Health Crisis Care Concordat (MHCCC) presented a report which provided an update on the commitments made in the Concordat across Kent and Medway and an overview of completed and ongoing work as part of the action plan. A multi-agency framework was delivering Kent and Medway MHCCC plans through a partnership approach. This area of work was being addressed by use of existing and planned commissioning intentions and service delivery arrangements and through new partnership arrangements within Crisis Concordat focus working groups. Members of the Board were invited to note progress and support planned work across agencies.

Board members raised a number of issues and responses were given, including the following:

- Noting that the main aim of the crisis prevention agenda was to reduce the need for section 136 and provide alternative intervention services for people in crisis, it was highlighted that the real challenge to reducing the use of police cells under section 136 was that there were insufficient alternatives available for patients with mental ill-health issues.
- Escalations of section 136 cases occurred only when a response was not fast enough, usually during the out of hours period. The number of repeat customers was small.
- The role of the British Transport Police in this field given the fact that Medway towns were commuter towns
- It was questioned why a Crisis Café was planned for Tonbridge given the need for such a facility within Medway. It was clarified that Medway already had the Wellbeing Café at the Sunlight Centre was an equivalent facility.
- It was noted that the Kent Police training continues to develop and is highly dynamic.
- It was noted that the Blue Light Project was providing relevant evidence from the ground up in this area.
- The risk analysis within the report should be reviewed in light of the key challenges listed in the Medway CCG mental health services report.

Decision:

The Board:

- (a) supported the work of Kent and Medway Mental Health Crisis Care Concordat; and
- (b) agreed the governance framework of the concordat group including a requirement to report annually progress to both the Kent and Medway Health and Wellbeing Boards.

b Medway Council Mental Health Services

Discussion:

The Deputy Director, Children and Adult Services, and the Head of Mental Health and Deprivation of Liberty Safeguards, presented a report on Medway Council's Mental Health Services who delivered services and statutory duties on behalf of Medway Council under the Care Act 2014, the Mental Health Act 1983 (amended 2007) and the Mental Capacity Act 2005. The aim was to deliver a holistic service that supported the whole person. It was noted that Medway Council provided an inhouse Approved Mental Health Professionals (AMHP) in hours service whilst KCC/KMPT provided out of hours cover for Medway. There was improved shared information sharing between both of these services.

Members of the Board raised a number of points and received responses, including the following:

- Clarification was sought on how effectiveness was measured. This was through feedback from service users via the Mental Health Action Group.
- Whilst welcoming the progress over the past 4-5 years, concern remained around the accountability of these services and the signposting to them.
- It was recognised that this was an example of how the Board could make a difference in terms of bringing a more holistic approach.
- Future reports should provide comparative data. For example, how did the 88 cases that were delayed in excess of 24 hours due to a lack of beds compare with previous years?
- Clarification was sought on case loads and it was explained that this varied according to client group and type of service.
- In response to a question on the adequacy of training given to voluntary groups, it was noted that advice was offered in relation to safeguarding. If there was a contractual relationship, specific standards would need to be met.
- The challenge of improving both primary and secondary prevention collectively was recognised.

Decision:

The Board noted the report.

c Medway Mental Health Services - Medway CCG

Discussion:

The Accountable Officer, Medway CCG and the Head of Mental Health Commissioning, Medway CCG, presented a report which summarised some of the key programmes of work on Mental Health for Medway CCG, the CCG's objectives and some of the challenges that were faced.

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Members of the Board raised some points which were responded to, including the following:

- The need to improve signposting to services, especially psychological therapies (IAPT), to improve prevention. Ensuring people accessed health checks would improve secondary prevention.
- Assurances were sought that weekend provision would be a target for improvement given that mental health issues were most likely to arise at this time.
- It was noted that that reputational issues needed to be addressed if organisations such as schools were to buy into the service under commissioning arrangements.
- It was noted that successful early intervention would not only be beneficial to patients but would also result in better use of NHS resources.
- A workshop with KMPT had been arranged on the development of an integrated pathway for patients that would avoid breaks in support.
- It was important that children's mental health issues were addressed and emotional wellbeing services were very active in schools. The number of schools moving to academy status presented a funding challenge.
- It was noted that 16 additional mental health beds would be provided in Kent by October 2016, bringing the total to 190.
- Concern was raised about the use of acute mental health beds in out of area facilities and how this related to the recommendations of the Crisp Report.
- An away day or workshop was proposed to discuss the development of an integrated approach towards mental health.
- In future there should be a single mental health report to the Board rather than four separate ones.

Decision:

The Board:

- (a) noted the report; and
- (b) agreed unanimously to support the development of an away day or workshop on developing an integrated approach to mental health involving all relevant partners across all sectors.

d Kent and Medway NHS and Social Care Partnership Trust - Mental Health Services 2016/17

Discussion:

The Chief Executive of KMPT presented a report which provided a strategic overview of KMPT's mental health services 2016/17 and beyond.

Board members were advised that there was a the single point of access telephone

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line was which enabled people to be put forward to a clinician and included the opportunity to book slots in psychiatric clinics.

Decision:

The Board:

- (a) noted KMPT's commitment to radical and whole-system change within Medway and Kent; and
- (b) noted the content of this report in support of its wider multi-agency discussion around mental health services 2016-17 in Medway.

91 Research into the Needs of the Armed Forces Community in Kent and Medway

Discussion:

Board members noted Councillor O'Brien's introduction to this report which was then presented by the Strategic Relationships Adviser, Kent County Council. The report summarised the findings of the research commissioned by the Kent and Medway Civilian Military Partnership Board into the needs of the armed forces community. A wide ranging questionnaire had been completed by 700 serving armed forces personnel, reservists, veterans and spouses and Board members were encouraged to make use of the resulting research data.

Board members welcomed the document and raised a number of points, which were responded to, including:

- That housing was of vital importance to the health of service leavers, and that whilst there were pressures for all people seeking adequate housing, services leavers should not be at a disadvantage.
- Armed forces personnel should be reminded of the availability of credit unions to help them manage their finances rather than responding to approaches by payday lenders.
- Sharing of medical records: the Board were advised that so long as the service medical records were on compatible IT systems, it should be possible for GPs to access the records of service leavers attending their surgeries.
- There was a need to check whether armed forces personnel had been included in the work undertaken by the Council on social isolation.

Decision:

The Board considered the results of this research, provided comments and agreed that this should be fed into the Joint Strategic Needs Assessment and used to inform any other strategic development where consideration of the needs of the armed forces community is key.

92 "Getting Better Together" Medway Adult Social Care Strategy

Discussion:

The Deputy Director, Children and Adults Services, presented "Getting Better Together", the Adult Social Care Strategy for Medway. It articulated a vision for the development of adult social care in Medway over a four year period, based on six strategic priorities – Prevention, Personalisation, Partnership, Integration, Innovation and Safeguarding.

The Health and Adult Social Care Overview and Scrutiny Committee had considered the Strategy at its meeting held on 21 June 2016. Members of that Committee had raised various issues which were reported to the Board in the supplementary agenda. The Deputy Director said that these issues would be addressed. For example, the strategy would be presented in a range of ways appropriate for different audiences. "Easy read" was already being given consideration following a request by the Portfolio Holder.

Members of the Board raised a number of issues which were responded to including the following:

- The strategy would make a positive change for Medway.
- The views of the Overview and Scrutiny Committee were supported especially in respect of ensuring further engagement with the community in the development of the delivery plan which should be accessible to all in terms of dates, times and venues to ensure that a wide range of views was captured.
- There was a need to ensure that the pursuit of the strategic aim of the Prevention priority was fully embedded. The long term focus should be on primary prevention. The Deputy Director said that the strategy document sought to demonstrate that there would be an effective menu of re-ablement and recovery services to give people back the skills to return to their optimum level of independence following a period of ill-health.
- Recognising the need for different versions of the strategy document for a range of audiences, the version presented to the Board was a good, clear document.

Decision:

The Board recommended the Medway Adult Social Care Strategy to Medway Council's Cabinet for approval.

93 Better Care Fund - Update and Section 75 Budget Arrangements

Discussion:

The Head of the Better Care Fund reported that as part of the governance arrangements for the Better Care Fund Medway Council and Clinical Commissioning Group (CCG) were required to establish a pooled budget in accordance with Section 75 of the Health and Social Care Act 2012. He

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presented a report which detailed the progress made to finalise the Section 75 Agreement and the Better Care Fund Plan for 2016/17 for the Board to consider.

A member of the Board sought clarification on whether the bids were for commissioned services for one year or more. It was reported that the proposals were for consideration in the current year but may result in the commissioning of services for a number of years.

Decision:

The Board endorsed the individual schemes and services included within the scheme specifications of the draft Section 75 Pooled Fund for the Better Care Fund for 2016/17, as set out in Appendix 1 to the report.

94 Joint Health and Wellbeing Strategy Monitoring Report

Discussion:

The Director of Public Health presented a report which provided an update to the Board on Joint Health and Wellbeing Strategy (JHWS) indicators. It was highlighted that levels of physical activity were low; smoking, including smoking during pregnancy, was too high and above the national average; cancer mortality rates were high with one third of incidences of cancer being due to lifestyle choices. Childhood obesity was reducing among reception age children but increasing at year group 7 and more work with families was needed.

Board members raised some issues and received responses including the following:

- Over the next few years £2.5m would be invested in the provision of cycle routes.
- It was noted that there was a vital need to encourage people to present themselves for treatment at an early stage.
- It was questioned whether European Social Fund programmes would be able to continue. The Board noted that many other funding streams existed including charitable sources.
- It was suggested that workplace health initiatives should be made a priority given that the NHS and the Council were the two biggest employers in Medway.

Decision:

The Board noted the indicator updates.

95 Moving to a Smoke-Free MFT (Medway NHS Foundation Trust)

Discussion:

The Director of Communications and Chair of the Smoke-Free Committee, MFT, presented a report which provided a briefing for members of the Board on

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the work being done to make Medway NHS Foundation Trust (MFT) smoke free. Staff at MFT were working in close collaboration with the Council's stop smoking officers to achieve this. All written communication with patients reinforced the position and nicotine replacement therapy would be available on wards. Signage was being improved and staff were largely in favour of this initiative.

Members of the Board raised some issues and responses were given, including the following:

- E-cigarettes would not be permitted.
- The role of champions to promote this initiative was a challenging one and there were potential problems in respect of conflict resolution. Training and support would be provided.
- A commitment from Councillors to look at potential funding for the initiative for 2017-18.

Decision:

The Board noted the report.

96 Work Programme

Discussion:

The Board reviewed the current work programme.

Decision:

The Board noted the current work programme for 2016-17.

Chairman

Date:

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