

CABINET

24 NOVEMBER 2015

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES LOCAL TRANSFORMATION PLAN

Portfolio Holder Councillor Mike O'Brien, Children's Services

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Summary

Further to a report to Cabinet and Health and Wellbeing Board in September 2015 detailing the background to and development of a Local Transformation Plan (LTP) for Child and Adolescent Mental Health Services, it was agreed that the final version of the Medway LTP would be circulated to Cabinet and Health and Wellbeing Board Members in November.

The LTP is appended to this report (Appendix 1) and can be located on the Council's website at <http://www.abettermedway.co.uk/healthymind.aspx>

The LTP was submitted to NHS England's regional team on 16 October 2015, following reviews undertaken by local NHS England colleagues. Medway's LTP was rated as 'successful with amendments' prior to final submission, meaning that the plan was considered robust and comprehensive and that Medway CCG will receive its funding allocation in full. The final minor adjustments have now been made. NHS England noted in particular, that the Medway LTP has been designed and built upon need and this was seen as a strength, they also noted the evidence of strong input into plans from children and young people and their families.

The LTP provides a one-off assurance framework for additional funding (£516,000) in 2015/16. Thereafter, this recurrent annual funding will be allocated to CCGs in conjunction with established annual planning rounds.

Following submission and publication, the LTP will now be taken forward by the Emotional Health and Wellbeing Task Group, reporting to a Project Board as set out in the governance structure detailed within the document. Regular progress reports will be brought to Health and Wellbeing Board and reported through Council and CCG governance structures as appropriate.

The LTP was presented to the Medway Youth Parliament on Tuesday 10 November. The Plan was well received by the young people present and some were keen to be involved in its implementation.

Please note that Appendix 1 to the report is set out in Supplementary Agenda No.1.

1. Budget and Policy Framework

- 1.1 The Local Transformation Plan (LTP) for Child and Adolescent Mental Health Services is consistent with the Medway Council Plan 2013-2015, which includes the target that children and young people have the best start in life in Medway, including the commitment to work with partners to ensure the most vulnerable children and young people are safe. The Joint Health and Wellbeing Strategy for Medway 2012-2017 also sets out five strategic themes, including working together to give every child a good start (Theme 1) and improving physical and mental health and wellbeing (Theme 4). Priorities in relation to the health and wellbeing of children and young people are further set out in the Medway Improvement Plan, the Looked After Children Strategy (1) and Medway Clinical Commissioning Group Operational Plan (2014-16).
- 1.2 Funding announced through *Future in Mind* and the associated development of Local Transformation Plans is additional to resources already available to local communities including through the NHS, local authorities, public health and education. It is not intended to replace all or part of this existing investment. CCGs are also able to draw on the funds agreed to deliver Parity of Esteem between mental and physical health.

2. Background

- 2.1 On 29 September 2015 the Cabinet considered a report setting out the requirement for Clinical Commissioning Groups (CCGs), in partnership with Local Authorities, service providers, young people and families and other key stakeholders to submit a Child and Adolescent Mental Health Services (CAMHS) Local Transformation Plan to NHS England by 16 October 2015 and the steps that were necessary to attain sign-off and approval. The Cabinet agreed the proposal of a stand alone Medway Local Transformation Plan, reflecting Medway's unique needs and characteristics and the planned and proposed structure of supporting services. It was also agreed to delegate authority for signing off the Plan to the Director of Children and Adults Services on behalf of the Council, in consultation with the Cabinet Member for Children's Services and the Chairman of the Health and Wellbeing Board.
- 2.2 The LTP was submitted to NHS England's regional team on 16 October 2015, following a review undertaken by local NHS England colleagues. Medway's LTP was rated as 'successful with amendments' prior to final submission, meaning that the plan was considered robust and comprehensive and that Medway CCG will receive its funding allocation in full. The final minor adjustments have now been made. NHS England noted in particular, that the Medway LTP has been designed and built upon need and this was seen as strength, they also noted the evidence of strong input into plans from children and young people and their families. The LTP is appended to this report (Appendix 1).
- 2.3 The Medway Local Transformation Plan (LTP) for Children and Young People's Mental Health and Wellbeing develops the principles set out in the Medway Children and Young People's Emotional Wellbeing Strategy and translates them into a series of short and medium term actions to be taken forward by the CCG and partner agencies in Medway.

- 2.4 The LTP has been developed in response to the recent report of the Government's Children and Young People's Mental Health Taskforce, *Future in Mind* and in accordance with national Guidance published to CCGs on 3 August 2015. Additional recurrent funding (£516,000) is available to Medway CCG and partners to take forward the plans and actions within the LTP.
- 2.5 In developing both the Strategy and this LTP, partners in Medway have drawn information from a wide range of sources and led a number of engagement activities involving children, young people and families. The purpose has been to gain a fuller understanding of the level of need in Medway and the actions needed to establish a more connected 'whole system' of support around emotional wellbeing.
- 2.6 The analysis of these findings has also been shaped by awareness of, and sensitivity to, changes that are underway in related services and work streams – for example, within Medway Council's Early Help offer; with plans to develop integrated services across the health and social care system and the commissioning intentions of Medway's Clinical Commissioning Group (CCG).
- 2.7 Responding to this stakeholder feedback and taking into account national guidance and evidence of good practice, Medway's LTP proposes to:
- Challenge the stigma of poor emotional wellbeing so that no child or young person is disadvantaged or socially excluded because of their experience of mental ill-health. This will include strengthening whole school approaches, peer mentoring, parenting support and community groups
 - Support the whole family in relation to emotional wellbeing, helping parents/carers to build resilience within the family, identify early signs of problems and to access expert advice and support
 - Develop emotional wellbeing services in children's centres, primary and secondary schools and community settings
 - Ensure those working with children and young people have skills and confidence to identify, seek advice and respond appropriately to emotional wellbeing issues through a multi-agency workforce development programme
 - Develop a clear and joined up emotional wellbeing pathway with qualified, supervised mental health practitioners available through a single point of access to assess underlying needs and potential risks at the earliest possible stage before recommending support options
 - Ensure specialist assessment of our most vulnerable children and young people's emotional wellbeing needs including looked after children (children in care), care leavers, children and young people in transition, young offenders, children with disabilities and children and young people who have been the victims of sexual abuse and are at risk of developing harmful behaviours.
- 2.8 NHS England recognise that the required changes will not be achieved 'over night' and that the plans should be developed and projected over a 5 year time horizon. It is intended, therefore, that the Local Transformation Plan is a live document, subject to regular review and that the detailed action plans will be subject to further stakeholder engagement and consultation during 2015/16 with a view to a final version being agreed by the end of the 2015 calendar year, thereby underpinning future commissioning plans.
- 2.9 In line with Overview and Scrutiny and Cabinet agreement in July/August 2015 (in relation to the Children's and Young People Emotional Health and Wellbeing and Strategy) it is proposed that the Emotional Wellbeing Task Group leads on taking forward this Local Transformation Plan. The Task

Group will report to a Project Board which, in turn, will report to the Joint Commissioning Management Group. Reports will be made available through CCG/Council Governance and Health and Wellbeing Board as appropriate.

- 2.10 The Terms of Reference of the Emotional Wellbeing Task Group and LTP Project Board will be determined at their first meetings in November 2015 and appended to the LTP.

3. Risk Management

- 3.1. Risk management is an integral part of good governance. The Council has a responsibility to identify and manage threats and risks to achieve its strategic objectives and enhance the value of services it provides to the community. The following Risks and associated mitigation actions have been identified.

Risk	Description	Action to avoid or mitigate risk	Risk rating
The timing of the additional financial resource being made available may impede the effective use of monies in year for implementation of the plan	Significant funding has been made available 'in year' to support the development of a community Eating Disorder service and provide support for the development of improved CAMHS provision.	Medway Council/CCG will liaise closely to implement the Local Transformation Plan and identify short-term opportunities to support transitional commissioning arrangements and build capacity within the system. Some of this can be applied retrospectively. This work will be led through the Emotional Health and Wellbeing Task Group.	B3
Medway CCG is unable to secure buy-in and collaboration from neighbouring CCGs in support of the development of a NICE compliant Community based Eating Disorder Service	Commissioning guidance issued in respect of Community Eating Disorder Services makes it clear that an effective and sustainable service should operate with a minimum (all age) population of 500,000 people. This will require Medway to collaborate with neighbouring CCGs for the commissioning of this service.	Medway CCG is participating in a Kent and Medway working group to establish an all-age eating disorder pathway, including key components for children and young people compliant with the national commissioning guidance.	C2

4. Health and Wellbeing Board

- 4.1 The Health and Wellbeing Board considered this report and accompanying Local Transformation Plan on 3 November 2015.
- 4.2 Members were advised that the Local Transformation Plan (LTP) developed the principles set out in the Medway Children and Young People's Emotional Wellbeing Strategy and translated them into short and medium term actions to be taken forward by the CCG and partner agencies in Medway. The LTP had been developed in response to, and in accordance with, Government

guidance and additional recurrent funding of £516K was available to Medway CCG and partners to take forward plans and actions within the LTP. This funding was due to be released on 6 November 2015. The Emotional Wellbeing Task Group would be responsible for taking the LTP forward and regular updates would be made to the Health and Wellbeing Board.

4.3 The following points were made at the meeting:

- Director of Public Health suggested that Public Health be represented on the LTP Project Board
- The additional funding was welcomed and there was a need for all partner agencies to fully commit to the actions within the plan in order for aspirations to be achieved
- It was important that service users who were struggling within the system saw movement and progress
- Service users generally had interactions with a range of services and improved data sharing between services would reduce the need for them to explain their situation each time they contacted a different service
- The financial implications of developing and delivering a new model of service needed to be fully considered to ensure that expectations were managed and achievable. This may require a transitional budget

4.4 The Board noted the update report and:

- (a) welcomed the Local Transformation Plan and the associated additional financial resources
- (b) noted the challenges for partner agencies in delivering the Plan, recognising the need for close monitoring; and
- (c) requested that Public Health be represented on the LTP Project Board

5. Financial and Legal implications

5.1 There are no finance or legal issues arising from this report.

6. Recommendations

6.1 That the Cabinet note the comments of the Health and Wellbeing Board, as set out in section 4.

6.2 The Cabinet are asked to note this update report and the Local Transformation Plan for Child and Adolescent Mental Health Services, as set out at Appendix 1 to this report.

7. Suggested Reasons for Decisions

7.1 The CAMHS Local Transformation Plan is developed to meet the explicit requirements of the NHS England guidance and adequately reflects the extensive consultation and engagement that has taken place in the preparation of Medway's Emotional Health and Wellbeing Strategy.

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Appendices

Appendix 1 - Medway Local Transformation Plan (LTP) for Children and Young People's Mental Health and Wellbeing

Background papers

Child and Adolescent Mental Health Services Local Transformation Plan – Health and Wellbeing Board, 15 September 2015

<http://democracy.medway.gov.uk/ieListDocuments.aspx?CId=408&MId=3270&Ver=4>

Child and Adolescent Mental Health Services (CAMHS) Local Transformation Plan – Cabinet 29 September 2015

<http://democracy.medway.gov.uk/mgIssueHistoryHome.aspx?IId=15504>