

## MEDWAY JOINT HEALTH AND WELLBEING STRATEGY DELIVERY PLAN 2014/15

<b>THEME</b>	<b>4. Improve physical and mental health and wellbeing</b>	<b>LEAD HWB MEMBER</b>	<b>Cllr Andrew Mackness &amp; Alison Burchell</b>
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<b>PRIORITY ACTION</b>	<b>4.1. Increase awareness of Mental Health conditions and support for prevention, early diagnosis and treatment. (Focus on MH promotion).</b>	<b>LEAD OFFICER</b>	<b>Sally-Ann Ironmonger</b>
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A sub group has been convened to oversee this delivery plan, with representation from public health, CCG, adult social care and the voluntary sector. This has already resulted in some specific developments, such as identifying opportunities to raise awareness of mental health at voluntary sector network events, and encouraging mental health peer supporters to engage in the A Better Medway Champions programme. The sub group will report into the CCG Mental Health Clinical Strategy Group, which includes representatives from all of the key partners.

The sub group is planning a workshop session (November), to include service user representatives, to share information and view on what more could

No.	ACTION	Who responsible	Completion date	Outcome and output measures	Contributing to national outcomes	Progress to date
1	Training and awareness: Develop and deliver a range of training programmes for decision makers, partners and community members, to raise awareness of mental health promotion and suicide prevention.	Colin Thompson/Julia Thomas	Mar-15	No of GPs trained in suicide prevention; No. of partners receiving mental health awareness training No. of partners receiving mental health first aid training No. of ABM champions offered Mental Health module	<b>NHSOF 4.7 PHOF 2.23</b>	Training and awareness provided to a wide range of delegates, including community ambassadors, ABM Champions, Councils staff, domestic abuse agencies, workplaces, school nurses. 48 members of partner organisations have received Mental Health first aid training; 29 ABM champions have been offered the MH module to date; 36 delegates from partner organisations have received MH awareness training.
2	Develop outcome based interventions to promote mental health undertaken by Community Development Workers in Medway	Colin Thompson/CCG	June 204 and ongoing (timelines determined by specific projects)	Detailed proposal completed in June 2014, which will determine deliverables.	<b>NHSOF 4.7 PHOF 2.23,</b>	A steering group has been established to oversee the work of CDWs, which will be delivered by Rethink. Identified priorities are mental health & long term conditions (as well as social isolation). A draft delivery plan has been outlined for approval by the board.
3	Raise awareness of mental health support services network available for residents in Medway					

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3.1.	Undertake mapping of Tier 1 mental health services	CCG/ Rathini Mills	TBC	1. Task group convened 2. Scoping undertaken for mapping exercise 3. Mapping completed 4. Gap analysis undertaken 5. Recommendations reported	<b>NHSOF 2.5</b> <b>1.8, 1.18, 2.8, 2.23</b> <b>PHOF</b> <b>NICE QS14</b>	Mapping of tier 1 & 2 services continues.
3.2	Improve the availability of resources and information about services, support and choices for vulnerable people	Sara Moreland/Julia Thomas	Oct-14	Design and produce information resources for targeted populations at high risk of poor mental wellbeing		<p>Further education and MH promotion forum set up with universities and MKC.</p> <p>2 MHP projects developed in partnership with schools and voluntary sector (funded by Child Health small grants)</p> <p>Development and support of Youth Wellbeing Community (28 members, meeting monthly)</p> <p>Bespoke MHP information resources developed for Medway.</p> <p>Men in Sheds contract mobilised, and further work planned to promote male mental health in partnership with Gillingham FC.</p>
4	Identification of patients at high risk of suicide and ensure appropriate signposting or referrals.	CCG	Mar-15	Training completed in primary care Pathways in place	<b>NHSOF 1.5</b> <b>4.9, 4.10</b> <b>PHOF</b>	Identification of GP practices with poorest outcomes, targeted work to support identification of patients and provide intervention.