

MEDWAY JOINT HEALTH AND WELLBEING STRATEGY DELIVERY PLAN 2014/15

THEME	2. Enable our older population to live independently and well	LEAD HWB MEMBER	Cllr Kelly Tolhurst & David Quirke-Thornton
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PRIORITY ACTION	2.2. Falls prevention and management	LEAD OFFICER	Ben Keeble/ Saloni Zaveri
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No.	ACTION	Who responsible	Completion date	Outputs and measures	Outcomes	Progress to date	Contribution towards national outcome indicators
1	To raise public and professional awareness around falls prevention.						
1.1.	GP Education for falls prevention (reference document for use by GPs to enable rapid assessment of possible causes of patient falls in Primary Care and recommendations for referral pathways to prevent further falls).	Medway CCG	Mar-15	1. Reference document prepared by Consultant Geriatrician and Community Falls Service for support from Urgent Care PMG in February 2014. 2. Consultant Geriatrician and Community Falls Service to present reference document at GP Monthly - in spring of 2014.	1. Aim to improve knowledge of potential causes of falls in Primary Care, resulting in reductions in recurrent falls and increases in falls prevention advice and appropriate referrals to other services aimed at reducing falls. 2. Reduction in ED attendances for falls.	Dr Sanjay Suman, Consultant Geriatrician at MFT presented the Falls assessment tool (assessment & management of falls) for GPs at the recent Medway CCG GP Monthly educational event on the 22nd May 2014. There was also a presentation from Medway Community Healthcare, reminding GPs of referral pathways for Falls. This project is now completed and pathway and referrals in place. Oct 2014 update: Ongoing monitoring and evaluation.	NHS 1.22 PH 2.24 4.14
1.2.	Falls prevention and management training for care homes- pilot project	Medway Council (MCSC/ Public Health)	Dec-14	1. Briefing event for all care homes to be held. 2. Number of training events delivered. 3. Number of care home: managers b. other staff attending training events. 4. Number of care homes taking up bespoke package of support. 5. Evaluation of pilot programme	Consistent approach across Medway care homes to falls prevention and management leading to reduction in falls and falls related injury in care home settings.	Briefing event held on 29th May 2014. Excellent attendance from Medway care home managers who were briefed about the importance of falls prevention and management and about the course. Bookings have now been invited. Pre-course questionnaire to be completed for all attendees to get baseline outcome information. Oct 2014 update: Four training events have been delivered. Meeting to discuss next steps and plan evaluation of training is to take place in October 2014 (final date TBC)	NHS 3.6 PH 4.14 4.13,
2	Commission and develop appropriate services to reduce the risk of falls and falls related injury.						

No.	ACTION	Who responsible	Completion date	Outputs and measures	Outcomes	Progress to date	Contribution towards national outcome indicators
2.1.	Fast access falls clinic at Medway Foundation Trust	Medway CCG	Mar-15	<p>1. Six monthly review of patients attending clinic to ensure clinic is identifying, treating and referring appropriate patients.</p> <p>2. Review of patients ED attendances before and after attending clinic to measure impact on falls prevention.</p> <p>3. CQUIN in place to increase ED assessments completed. Continued review during 2014/15</p>	<p>1. Ongoing falls prevention for identified patients at high risk of further falls.</p> <p>2. Reduction in ED attendances as a direct impact of the falls clinic.</p> <p>3. Increasing awareness of falls assessments leading to onward referral to appropriate services for intervention and prevention.</p>	<p>Review of repeat ED attendances completed. Performance is 33% better than the expected 50 % re-attendance rate. 17% was achieved. Falls Assessment Tool for GPs to be presented at GP monthly on 22nd May by Dr Suman, Consultant Geriatrician (MFT) and MCH. This project is now completed and falls clinic running.</p> <p>Aim: To increase Falls Assessments completed in ED and reduce repeat attendances for falls.</p> <p>Triage of Falls Assessments completed by Dr Suman and MFT Falls Specialist Nurse and appropriate referrals made to either:</p> <ul style="list-style-type: none"> •Fast Track Falls Clinic at MFT •MCH Falls Service •Patient's GP <p>Results April 2013 to March 2014: Number of fallers meeting criteria attending ED: = 1,775 Number of assessments completed in ED for triage: = 436 Additional assessments after Symphony review: = 33</p> <p>Referrals made: •Fast Track Falls Clinic at MFT = 157 •MCH Falls Service = 169 •Patient's GP = 143 Total = 469</p> <p>Oct 2014 update: Ongoing monitoring and evaluation is taking place.</p>	<p>NHS 1.22 4.2</p> <p>PH 2.24 4.14</p>
2.2.	SECamb/ MCH Falls Service- Rapid Access	Medway CCG	Mar-15	<p>1. Development of a rapid access falls pathway from SECamb to MCH Community Falls Service, able to respond to urgent requests with an appropriate falls service and assessment process, including meeting urgent equipment needs.</p> <p>2. Reduction in conveyance to ED.</p> <p>3. Increased speed of access to falls prevention advice, including links to social care.</p>	<p>1. Enabling patients to stay at home and improve their experience.</p> <p>2. Reduction in repeat falls reducing falls related injuries, including fractured neck of femur.</p> <p>3. Improved interaction with care homes and community falls service</p>	<p>This pilot started as planned in May 2014. Expecting initial data in 1 month.</p> <p>October update: Uptake of this pathway has been disappointing, with no referrals from SECamb to the Community Falls Service. MCG are now looking to develop an alternative model and approach to prevent conveyance to ED of fallers. A Falls response task and finish group has been formed which is meeting bimonthly to develop the model. This work will inform the development of a business plan and service specification which will be submitted by the end of October 2014.</p>	<p>NHS 1.22</p> <p>PH 2.24 4.14</p>

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2.3.	Specialist Falls Response Vehicles	Medway CCG	Mar-15	1. Medway to utilise the falls response model used in Hertfordshire to reduce unnecessary acute admissions and the social issues that accompany prolonged stays in the acute sector. 2. Two falls vehicles would be available 24 hours a day with a social care professional and Emergency Care Practitioner on board to assess the patient in their home and where it is safe to do so, provides support to enable the patient to remain at home, as well as referring the person into the falls liaison service to receive further support. 3. This service would draw on an equipment store/ equipment support and install any equipment as needed to prevent an attendance or admission	1. Preventing unnecessary conveyance to hospital for people aged 65 and over who have fallen at home. 2. Minimising the disruption and the risk of disorientation and subsequent lessening in confidence for the older person. 3. Operating falls prevention and offering training, advice and guidance to the management of falls in care homes. 4. To make efficiencies across the health economy by reducing the costs of conveyance to hospital, triage and treatment, transfer home and potential admission.	Undertaking a review of data/evidence from Hertfordshire and other CCGs. Awaiting initial data from South East Coast Ambulance Service. A meeting is arranged for July to include Medway Council Occupational Therapy Team Manager and other stakeholders to start Medways model of development. October update: The Hertfordshire model has been decommissioned due to lack of evidence of positive impact on outcomes. Development of the Medway model has therefore been halted.	NHS 1.22 PH 2.24 4.14
3	To consider the wider environment in the context of falls prevention						
3.1	Improve the safety of the home environment to reduce the likelihood of older people falling at home.	Medway Council	Mar-15	1. Scope the feasibility of a collaboration with Kent Fire & Rescue to include delivery of falls risk assessments with routine home safety checks for older people.	Reduction in frailty and preservation of independent living	Partnerships Manager, Samantha Jones, at Kent Fire & Rescue contacted. Meeting to be arranged at Gun Wharf to discuss this further. October update: Meeting with Kent Fire and Rescue Service took place in July 2014. KFRS are keen to support such a collaboration with Medway Council. KCC are developing similar work with KFRS: plan to explore the work which is being undertaken in KCC, the evidence base and resource implications before taking this work forward.	PH 2.24 4.14
3.2.	Promote healthy lifestyles for older people: ensure access to falls specific exercise classes that can improve their posture, balance and muscle strength.	Medway Council	Ongoing	2.1. Increase the number of older people referred for falls prevention. 2.2. % of people referred to the service who attend an initial assessment. 2.3. % of those attending an initial assessment who complete the 12 week programme. 2.4. % of patients reporting an increase in their physical activity level on completion/ discharge compared with baseline. 2.5. Change in self-reported wellbeing score on completion of course compared with baseline score	Reduction in frailty and preservation of independent living	Oct 2014 update. For 2013/14: % of people referred to the service who attended an initial assessment: 88% % of those attending an initial assessment who complete the 12 week programme: 40% (2/7 people still within the programme and due to complete it). % of patients reporting an increase in their physical activity level on completion/ discharge compared with baseline: 100% Change in self-reported wellbeing score on completion of course compared with baseline score: 100%	PH 2.24 4.14