

Medway CCG Mental Health briefing for HASC – 30 September 2014

1. Background & Strategy

Medway CCG commission secondary mental health services from KMPT. The CCG has a good working relationship with KMPT and we work closely together on reviewing and improving pathways for Medway patients.

The contract with KMPT moved from a West Kent contract to a North Kent contract for 13/14. This allows Medway CCG greater control and increased scrutiny of the contract.

Our CCG Commissioning Strategy ambitions are “To narrow the gap in health outcomes between those with and those without a mental health condition; improve access to children and adult mental health services and develop a primary care led response to supporting people in the community”

Some of the areas that the CCG is currently working with KMPT on are:

We have established an effective and integrated 24/7 liaison service at MFT

Monitoring and evaluation of the Personality Disorder pathway in particular the PD hostel

A single point of access for all professional and service users (to be in place by Dec 14/Jan 15)

Establishment of a rapid response team

Improving mental health crisis response which is a national priority

Ensuring patients are cared for in the least restrictive setting by setting up integrated care between secondary and primary care.

Reviewing the top 50 frequent users of mental health services in Medway and ensuring the right plans are put in place to manage them.

Patient Voice

Appendix 1

The CCG is engaging with patients through different forums such as engagement events, mental health action groups and MEGAN.

The feedback event on 16th July was a real success with over ninety people attending, over eighty of which were service users, carers and their supporters who shared their experiences and aspirations for the future of mental health services in Medway.

Our services users at this event told us they would like services that:

Better promote local support groups, voluntary sector and NHS services to both patients and healthcare professionals

Allow patients to see the same clinician throughout their treatment for continuity and trust

Better support carers wellbeing, as their support and health are just as important as the service users

View the service user as an individual, meaning they only have to share their story once

Raise awareness of mental health and reduce stigma, so that there are no barriers, both in healthcare and in the community

Are integrated and seamless

Have better training and support for staff, so that they are able to support service users more sensitively

Have seamless transition from children's to adults services

A follow up event is planned for the 17th of September to look at what improvements and changes have happened recently in mental health and how these community aspirations have started to shape those changes.

Patients accessing Mental Health Services

Patients can access secondary mental health services via their GP or health professional who will refer them to the Community Mental Health teams (CMHT). Out of hours and when in crisis both GPs and service users have access to the Crisis and Home treatment Team (CRHT) which is a 24 hour, 7 days a week team.

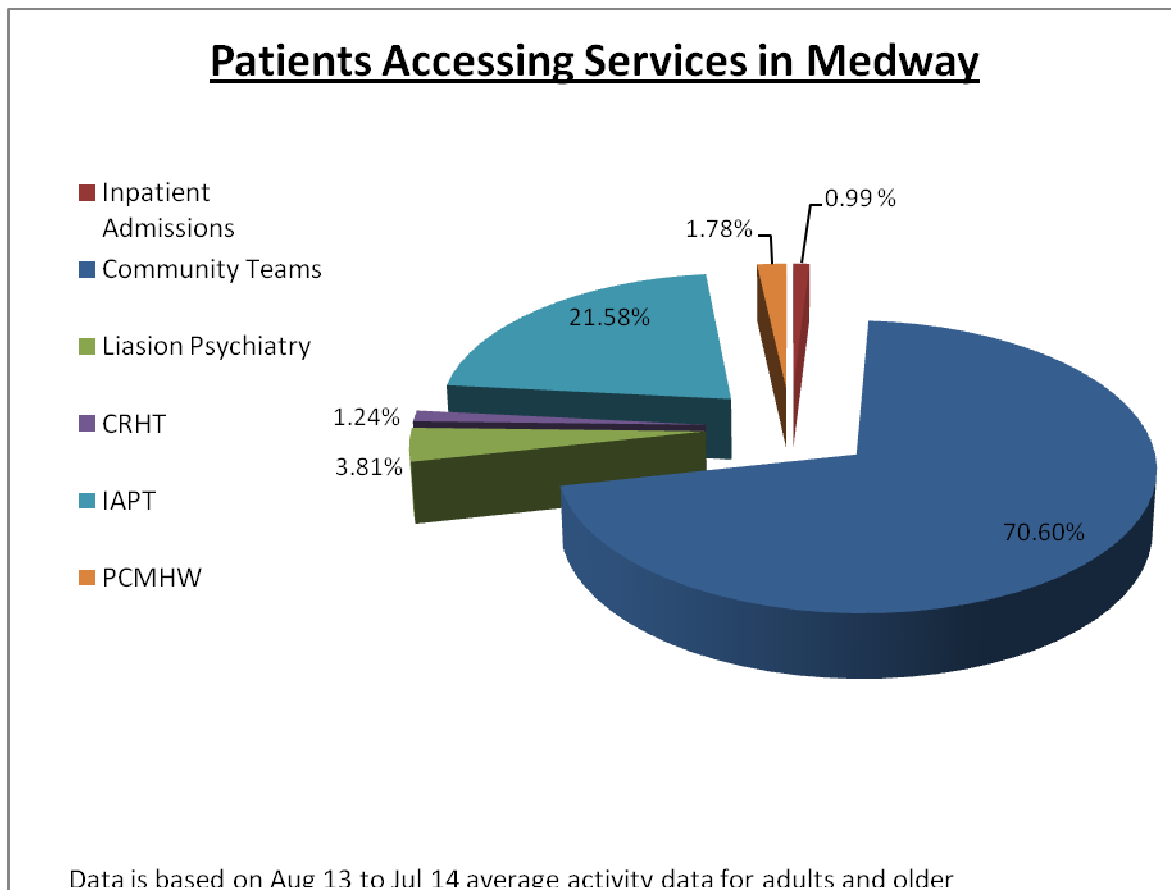
Known service users can also access the CRHT or CMHT themselves. Within 12 months of discharge all patients have a direct route back into services ensuring a quick route back into services without the need for a GP referral.

Appendix 1

Medway patients also have access to Psychological Therapies via IAPT and support in primary care with the Primary Care mental Health workers. The CCG is exploring different options regarding this team with a potential to increase this team to support more patients and GPs.

The chart below shows the numbers of patients (adult and older adult) that are accessing mental health services in Medway an average month and which services they access.

NB This does not include patients accessing GP services as we do not have access to this data



The above chart is based on the information below taken from the monthly activity reports.

Appendix 1

Medway Patients accessing Service (Adult & older adults)		
Inpatient Admissions (adult & older adult)	39	0.99%
Community Teams (adult & older adult)	2781	70.60%
Liaison Psychiatry	150	3.81%
CRHT	49	1.24%
IAPT (Improving Access to Psychological Therapies)	850	21.58%
PCMHW (Primary Care Mental Health Worker)	70	1.78%
Total Patients	3939	100.00%

Patients placed out of area

As requested by members, further detail on the reasons for out of area bed usage will be provided at the HASC meeting