

# Children and Young People Overview and Scrutiny Committee – Supplementary agenda no.1

A meeting of the Children and Young People Overview and Scrutiny Committee will be held on:

**Date:** 5 March 2026

**Time:** 6.30pm

**Venue:** St George's Centre, Pembroke, Chatham Maritime, Chatham ME4 4UH

## Items

- |   |  |                       |
|---|--|-----------------------|
| 7 | <b>Children and Young People's Mental Health and Emotional Wellbeing</b> | <b>(Pages 3 - 12)</b> |
|   | Presentation   |                       |

For further information please contact Stephanie Davis, Democratic Services Officer on Telephone: 01634 332104 or Email: [democratic.services@medway.gov.uk](mailto:democratic.services@medway.gov.uk)

Date: 27 February 2026

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# Medway Therapeutic Alliance

Rebecca Smith, North Kent Mind

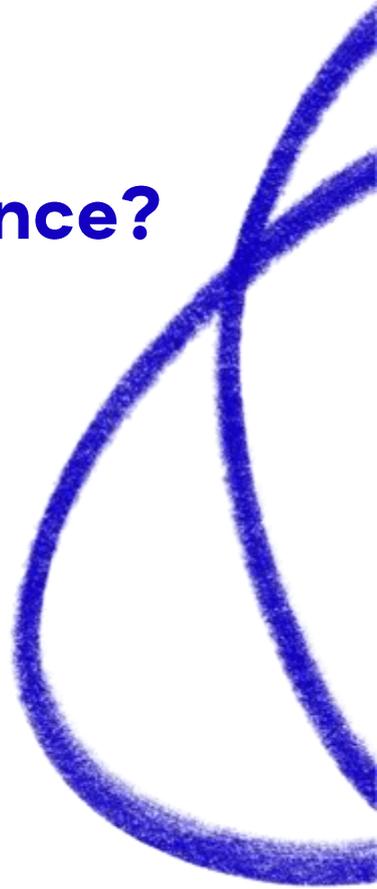
# What is the Medway Therapeutic Alliance?

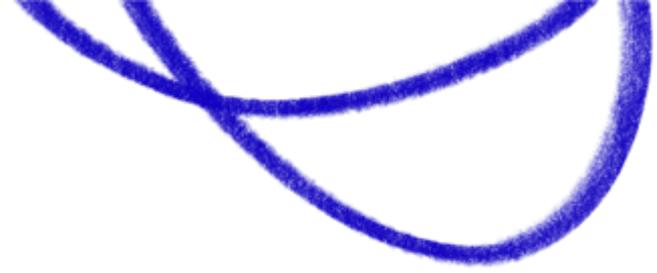
## Medway's new emotional wellbeing service for CYP

- One Referral and Advice Point
- Ages 5–18 (up to 25 for those with SEN & Care Leavers)
- One Alliance with specialist partners
- Sitting within the Getting Advice & Getting Help
- Part of the wider Mental Health Collaborative Framework

### Lead: North Kent Mind

Partners: Kooth | BFB Labs | Young Lives Foundation | Salus | CHUMS | Barratt Behaviour Change | Oasis





# Why is this different?

**The Medway Therapeutic Alliance is a new approach, offering:**

- One referral route, reducing duplication or sitting on multiple waiting lists
- Easier navigation for families
- Shared accountability and information sharing
- No wrong door, with better connections to wider services

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# The Journey



[Watch here](#)

# Enhanced Offer for Priority Groups

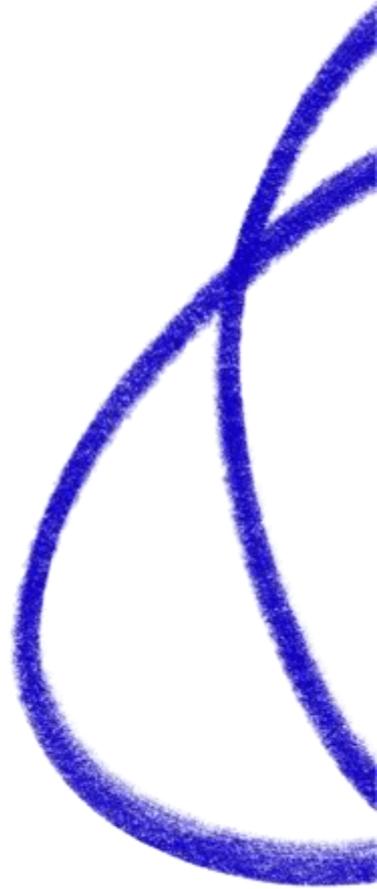
**We provide strengthened pathways for:**

## **Priority groups:**

- Care Experienced (including unaccompanied asylum-seeking children)
- Care Leavers
- Children & Young People at risk of offending

## **Those with increased vulnerability**

- CYP with SEND or neurodivergence
- LGBTQIA+ young people



## ∞ **Young Adult Support Offer**

### **Young Adult Support Offer (Care Leaver Pathway)**

- Dedicated Care Coordinator
- Emotional wellbeing focus
- Trauma informed mentoring, advocacy
- Flexible engagement (community based)
- Integrated with Medway's Care Leaver Local Offer

**Strengthening – not duplicating – statutory support**



# Co-production

## Co-production & Engagement

- CYP involved from design stage
- Logo competition & launch engagement
- Co-production with service videos
- Lived Experience Lead role
- Advisory Boards launching
- Ongoing feedback & consultation built in

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**Designed with young people, not just for them**



# Governance & Continuous Improvement

## Governance & Continuous Improvement

- Shared KPIs across the alliance
- One system for oversight and data visibility
- Regular commissioner review
- Clear escalation & risk framework
- Ongoing learning and development with lived experience engagement

**Review. Refine. Improve.**

# Bringing it together

## Bringing It Together:

- One coordinated system
- Stronger enhanced pathways
- Strengthened local offer
- Built-in accountability
- Designed to evolve

11 **Prevention. Partnership. Progress.**

**Thank you.**

Abstract white lines, resembling a stylized signature or calligraphic flourish, are drawn across the right side of the blue background. The lines are thick and have a slightly grainy, hand-drawn appearance.