

Health and Wellbeing Board – Supplementary agenda no.2

A meeting of the Health and Wellbeing Board will be held on:

Date: 27 June 2024

Time: 2.00pm

Venue: Cozenton Park Sports Centre, Bloors Lane, Rainham, Kent, ME8 7EG

Items

7 Women's Health

**(Pages
3 - 8)**

Presentation – Attached is Appendix 1 Women's Health Strategy to the report, which was marked 'to follow' on the agenda.

For further information please contact Stephanie Davis, Democratic Services Officer on Telephone: 01634 332008 or Email: democratic.services@medway.gov.uk

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National Women's Health Strategy

Aeilish Geldenhuys
Strategic Head of Public Health

Agenda Item 7

Why do women need a strategy?

- Women spend significantly greater proportion of their lives in ill health and disability compared to men
- Male as default approach seen in:
 - Research and clinical trials
 - Education and training for healthcare professionals
 - Design of healthcare policies and services
- Gaps in data and evidence



National Ambition

Ambition:

- Boosted health outcomes for all women and girls
- Improve how health systems engage and listen to women and girls

How

- Take a life course approach
- Focus on women's health policy
- Embed hybrid and wrap around services
- Increase representation of women



How



1. Ensuring women's voice is heard
2. Improve Access
3. Address disparities
4. Better information and education
5. Improved understanding of impact on workplace
6. Improving evidence base

6 Priority Areas

- Menstrual Health and gynaecological conditions
- Fertility, pregnancy, pregnancy loss and postnatal support
- Menopause
- Mental health and wellbeing
- Cancers
- Health impacts of Violence against women and girls
- Health ageing and long-term conditions



Life Course Approach

