

Health and Wellbeing Board – Supplementary agenda no.2

A meeting of the Health and Wellbeing Board will be held on:

Date: 27 June 2024

Time: 2.00pm

Venue: Cozenton Park Sports Centre, Bloors Lane, Rainham, Kent, ME8 7EG

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7 Women's Health

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Presentation – Attached is Appendix 1 Women's Health Strategy to the report, which was marked 'to follow' on the agenda.

For further information please contact Stephanie Davis, Democratic Services Officer on Telephone: 01634 332008 or Email: <u>democratic.services@medway.gov.uk</u>

Date: 27 June 2024

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APPENDIX 1

National Women's Health Strategy

Aeilish Geldenhuys Strategic Head of Public Health



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Why do women need a strategy?

- Women spend significantly greater proportion of their lives in ill health and disability compared to men
- Male as default approach seen in:
 - Research and clinical trials

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- Education and training for healthcare professionals
- Design of healthcare policies and services
- Gaps in data and evidence





National Ambition



Ambition:

- Boosted health outcomes for all women and girls
- Improve how health systems engage and listen to women and girls

How

- Take a life course approach
- Focus on women's health policy
- Embed hybrid and wrap around services
- Increase representation of women





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- 1. Ensuring women's voice is heard
- 2. Improve Access
- 3. Address disparities
- 4. Better information and education
- 5. Improved understanding of impact on workplace
- 6. Improving evidence base



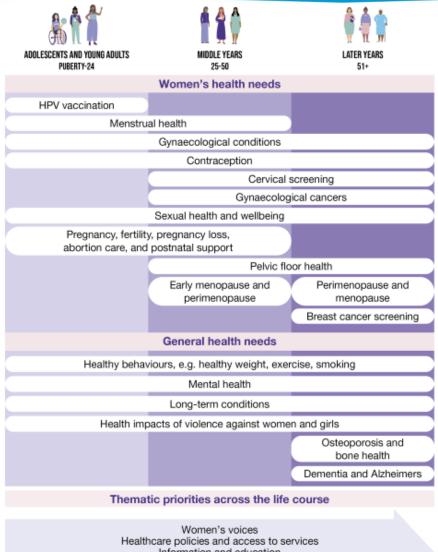
6 Priority Areas

- Menstrual Health and gynaecological conditions
- Fertility, pregnancy, pregnancy loss and postnatal support
- Menopause
- Mental health and wellbeing
- Cancers
- Health impacts of Violence
 against women and girls
- Health ageing and long-term conditions





Life Course Approach



Information and education Health in the workplace Research, evidence and data

