

Kent and Medway Strategy

Madeline Cooper-NDTi

About NDTi



About the Kent and Medway Strategy



- Integrated Care System wants to have priorities, and a plan for 2022 onwards
- For Health and Social Care and more
- Based on what people with learning disabilities and autistic people say is important
- For all ages of people
- Including the things people have already said



What has happened so far?



- Reading lots of existing plans and reports- Not all voices in there.
- Listening to people with different experiences and roles
- What does a good life look like?
- What helps?
- ◆ What gets in the way?



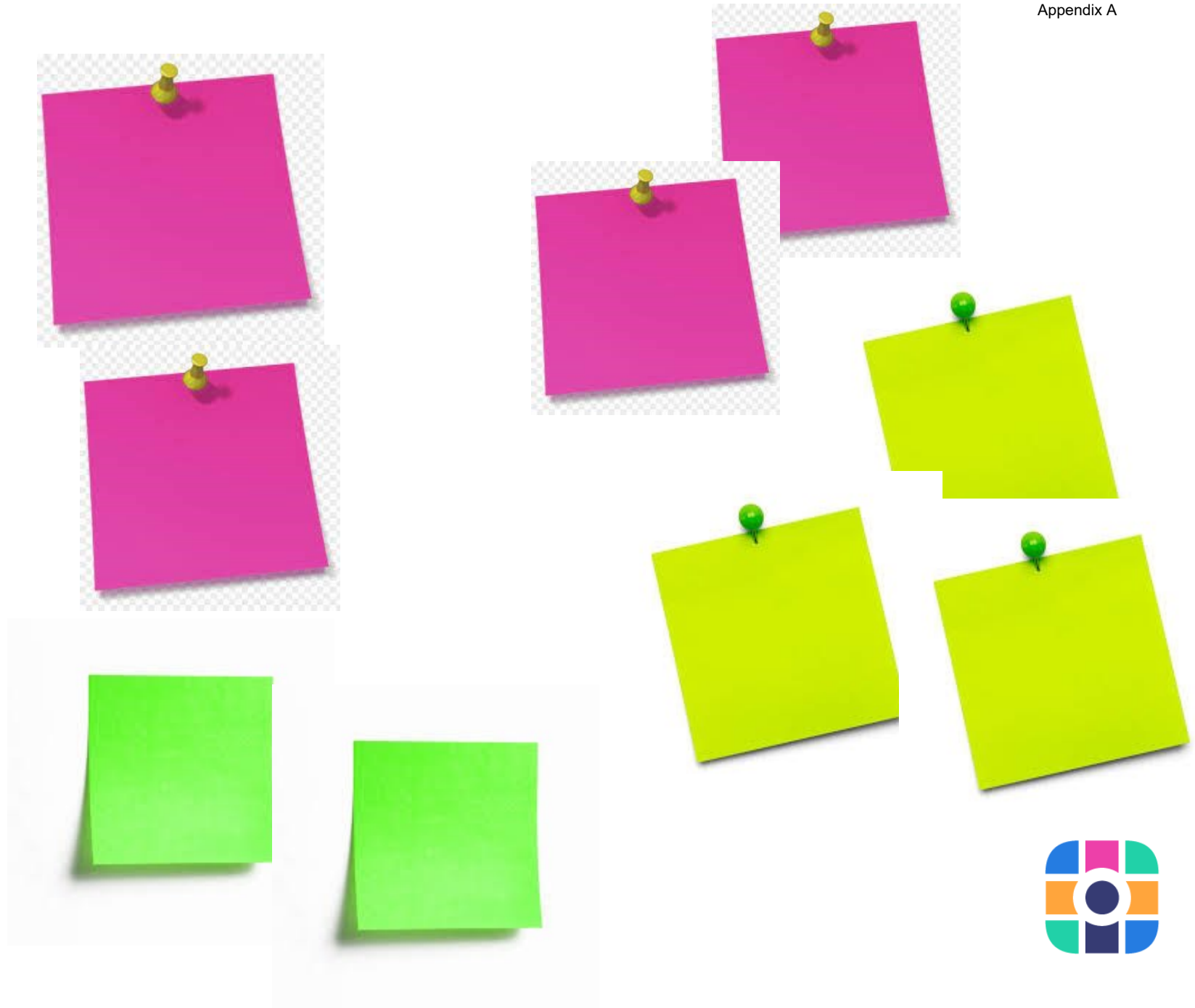
Roles/ views	number	Kent	Medway	Both	Appendix A Age groups
Autistic people- individual interviews	4	2	1	1	Adults
People with learning disabilities- individual and groups	12	7	5		YP and Adults
Mixed groups- including autistic people, people with learning disabilities and both	15	12	3		YP and Adults inc older people
Families	12	6	6		4- CYP and 4 adults and 2 older people
Health professionals various roles	16	2	8	6	Mixed
Social Care - various roles	10	4	4	2	Adults
Community and Advocacy	5	2	2	1	3 CYP 2 Adults
Leaders and commissioners	14	7	4	3	Mixed
NHSE Regional	3			3	Mixed
Total	91	42	33	16	



Grouped people's
comments and ideas
into themes

ON a big online board

Need to be careful not
to lose detailed
messages



Autistic people told us:

Better understanding
of autism needed
everywhere, shared or
trained by autistic
people



- Great Support (and what that could look like)
- Having own home (with support for the things that person needs help with- not necessarily “independence skills”)
- Jobs (including support tailored to person)
- Friends that like doing the same things. Opportunities to connect





- Autism and person led support
- Support services truly understanding autism and/or consistent professional who really knows the person

- Families

- ◆ Poor support with Mental health
- ◆ Delay in diagnosis
- ◆ Poor information for children and families
- ◆ Not enough prevention
- ◆ Not enough or right employment support
- ◆ Lack of understanding of autism in health, social care, education



Autistic people told us:

People with learning disability told us:

They often have support, but not enough control over what they can do with that, or enough control over their own home and activities



- **Having own home** (a new house that I chose)
- **Relationships** (allowed to live with my partner or see them –they moved miles away)
- **Jobs** (more supported employment available)
- **Friends** (new friends and don't lose touch with old ones)
- **Pets** (to own my own dog or be allowed a budgie)
- **Fitness and Leisure** (go to the gym, join a dance group)
- **Respect** (I want to be listened to not treated as a child)



People with learning disabilities told us:



- Advocacy and speaking up groups
- Being listened to- by staff, and in meetings- “don’t assume I can’t”
- Acceptance- in communities as well as at home- places people know me
- Hobbies- Social care that knows its there to help with whole life
- ◆ Being lonely
- ◆ Not having a job
- ◆ Not liking where I live, or who with
- ◆ Waiting for support and healthcare
- ◆ Support that doesn’t work for the person- shared and limited



Families told us:



- Support must be person led, and for the future
- Personal budgets/ PHBs can work well
- People have a right to an ordinary life! Many have nothing to do
- Information and support must be available
- Families (if they are around) can be partners
- ◆ Systems are too complicated
- ◆ Health and social care don't always listen



Health professionals told us:



Keep learning



Direct Payment



- They need more staff who understand autism and learning disabilities
- Flexibility- they want more prevention and flexible ways to help people
- Personal budgets/ health budgets are good but need to work better
- Social prescribing can work well- but not enough
- ◆ Waiting lists for diagnosis and support take too long
- ◆ Families need better support and information
- ◆ Data sharing between services is needed



Social Care workers told us:



- Inclusion- We want to be able to help people have a life.
- Employment support
- People and systems that talk to each other
- Enough staff who know people well
- Working well with GPs/ Health
- ◆ Better cultural awareness needed
- ◆ Reward and recognition and enough staff
- ◆ Too much paperwork
- ◆ Risk averse teams
- ◆ Health don't always understand learning disability or autism



People from
community groups told
us:



- Peer Support- works well but need more
- Social Prescribing works well (need more)
- Community investment- helps communities welcome people with additional needs
- ◆ More community support around autism needed (prevention and information for people)
- ◆ Lack of support for people including PIP and Personal budgets/ Personal Health Budgets



What will happen next..



- NDTi summarise what people say matters- across all groups
- Write ideas of what Health and Care could do together
- Share with the Steering group
- Check back with this group
- Together decide on things for a plan for 2022 onwards

